

Quick Guide to  
**Homeopathic  
Remedies**

Majlis Ansārullāh, USA



بِسْمِ الرَّحْمَنِ الرَّحِيمِ

وَإِذَا مَرِضْتُ فَهُوَ يَشْفِينِ لَا

And when I am ill, it is He  
Who restores me to health. [26:81]

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**Remedies**

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This is a translation of Urdu booklet “*Homeopathic Nuskhe*” consisting of homeopathic remedies that are taken from book “*Homeopathy – Ya’ni ‘Ilāj Bil-Mithl*” by *Ḥaḍrat Mirza Tahir Ahmad, Khalīfatul-Masīh IV (rahimahullah)*

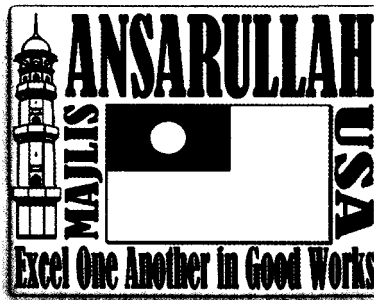
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وَأَنَّ لَكُمْ فِي الْأَنْعَامِ لَعِبْرَةً ۚ نُسْقِيكُمْ مِمَّا فِي بُطُونِهِ مِنْ بَيْنِ فَرْثٍ وَوَدْمٍ لَبَنًا خَالِصًا سَابِقًا لِلشَّرِيرِينَ ۗ

And surely in the cattle too there is a lesson for you. We give you to drink of what is in their bellies, from betwixt the faeces and the blood, milk pure and pleasant for those who drink it.

وَمِنْ ثَمَرَاتِ النَّخِيلِ وَالْأَعْنَابِ تَتَّخِذُونَ مِنْهُ سَكَرًا وَرِزْقًا حَسَنًا ۚ إِنَّ فِي ذَلِكَ لَآيَةً لِقَوْمٍ يَعْقِلُونَ

And of the fruits of the datepalms and the grapes, whence you obtain intoxicating drink and wholesome food. Verily, in that is a Sign for a people who make use of their reason.

وَأَوْحَىٰ رَبُّكَ إِلَى النَّحْلِ أَنْ اتَّخِذِي مِنَ الْجِبَالِ بُيُوتًا وَمِنَ الشَّجَرِ وَمِمَّا يَعْرِشُونَ

And thy Lord has inspired the bee, saying, 'Make thou houses in the hills and in the trees and in the trellises which they build.

ثُمَّ كُلِي مِنْ كُلِّ الثَّمَرَاتِ فَاسْلُكِي سُبُلَ رَبِّكِ ذُلُلًا ۚ يَخْرُجُ مِنْ بُطُونِهَا شَرَابٌ مُخْتَلِفٌ أَلْوَانُهُ فِيهِ شِفَاءٌ لِلنَّاسِ ۚ إِنَّ فِي ذَلِكَ لَآيَةً لِقَوْمٍ يَتَفَكَّرُونَ

'Then eat of every kind of fruit, and follow the ways of thy Lord that have been made easy for thee.' There comes forth from their bellies a drink of varying hues. Therein is cure for men. Surely, in that is a Sign for a people who reflect.

وَمِنْكُمْ مَنْ يُرَدُّ إِلَىٰ أَرْدَلِ الْعُمْرِ لِكَيْ لَا يَعْلَمَ بَعْدَ عِلْمٍ شَيْئًا ۚ إِنَّ اللَّهَ عَلِيمٌ قَدِيرٌ ۚ وَاللَّهُ خَلَقَكُمْ ثُمَّ يَتَوَفَّاكُمْ ۗ

And Allah creates you, then He causes you to die; and there are some among you who are driven to the worst part of life, with the result that they know nothing after having had knowledge. Surely, Allah is All-Knowing, Powerful.

وَاللَّهُ فَضَّلَ بَعْضَكُمْ عَلَىٰ بَعْضٍ فِي الرِّزْقِ ۚ فَمَا الَّذِينَ فُضِّلُوا بِرَادِي رِزْقِهِمْ عَلَىٰ مَا مَلَكَتْ أَيْمَانُهُمْ فَهُمْ فِيهِ سَوَاءٌ ۗ أَفَبِعِزَّةِ اللَّهِ يَجْحَدُونَ

And Allah has favoured some of you above others in worldly gifts. But those more favoured will not restore any part of their worldly gifts to those whom their right hands possess, so that they may be equal sharers in them. Will they then deny the favour of Allah?

وَاللَّهُ جَعَلَ لَكُمْ مِنْ أَنْفُسِكُمْ أَزْوَاجًا ۚ وَجَعَلَ لَكُمْ مِنْ أَنْفُسِكُمْ بَنِينَ وَبَنَاتٍ وَمِنْ بَنَاتِكُمْ ضَرَفًا ۚ وَأَزْوَاجًا لِمَتِّ أُولَٰئِكَ لِيُزَكِّيَنَّ لَهُمْ دِينَهُمْ وَيُؤْتِيَهُمْ مِنْ ثَمَرِهِمْ حَيْثُ شَاءَ ۚ وَإِلَىٰ يَوْمِئِذٍ مَوَاجِدٌ ۗ وَاللَّهُ جَعَلَ لَكُمْ مِنْ أَنْفُسِكُمْ أَزْوَاجًا ۚ وَجَعَلَ لَكُمْ مِنْ أَنْفُسِكُمْ بَنِينَ وَبَنَاتٍ وَمِنْ بَنَاتِكُمْ ضَرَفًا ۚ وَأَزْوَاجًا لِمَتِّ أُولَٰئِكَ لِيُزَكِّيَنَّ لَهُمْ دِينَهُمْ وَيُؤْتِيَهُمْ مِنْ ثَمَرِهِمْ حَيْثُ شَاءَ ۚ وَإِلَىٰ يَوْمِئِذٍ مَوَاجِدٌ ۗ

And Allah has made for you mates from among yourselves, and has made for you, from your mates, sons and grandsons, and has provided you with good things. Will they then believe in vain things and deny the favour of Allah? [16:67-73]

### **Note about the translation:**

Every effort has been made to stay as close as possible to the original. In some instances a disease was listed in wrong section in the Urdu version, in that case disease listing has been updated to have disease under correct section. Table of contents in this translation lists main topics only rather than every item as is given in the Urdu version. However, an index has been added to facilitate finding items of interest.

### **How to prepare remedies:**

“}” and “All together” indicate that all medicines listed in a group or set should be mixed in one bottle to make the prescription.

### **Acknowledgements:**

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We pray to Almighty Allah to make this book beneficial to the mankind and may *Haḍrat* Mirza Tahir Ahmad, Khalīfatul-Masīh IV (rahimahullah) always be the recipient of its blessings, Āmīn.

Publisher

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Symptoms	Homeopathy Remedies	Usage
<b>Remedies for Diseases of Women</b>		
Failure to Conceive/ Miscarriage	1. Sepia CM  When conception has taken place: <ul style="list-style-type: none"> <li>• Calc phos 6x</li> <li>• Ferrum phos 6x</li> <li>• Kali phos 6x</li> </ul>	Use either No: 1 or No: 2 For No: 1 repeat after 2 months and then again after 2 months. 3 in all.
	2. Sulphur- 200 Pyrogenum- 200  On conception: <ul style="list-style-type: none"> <li>• Ferrum phos 6x</li> <li>• Calcaria phos 6x</li> <li>• Kali phos 6x</li> </ul>	Twice a week
Failure to conceive	1. Iris Versicolor 200 alternate with Sulphur 200 2. Sabina 30 Kalicarb 30	
Frequent Miscarriages	<ul style="list-style-type: none"> <li>• Kalicarb 30</li> <li>• Sabina 30</li> </ul>	
For Conceiving (To have children)	1. Pulsatilla 1000 2. Pulsatilla 30 3. Ashoka Q	No: 1 - Every 10 days; No: 2 - Once daily; No: 3 - 10 drops diluted in a small amount of water- 3 times a day
For Conceiving (to have children) - Country/ Native medicine	1. Strychnine 125 gram (about 4 oz). Soak in water one week (keep on changing water daily). After 7 days, cut open the central portion and take	One pill to be taken at bedtime with warm (not hot) milk (one cup of milk with a teaspoon of butter oil)



Symptoms	Homeopathy Remedies	Usage
	<p>out the central beetle shape leaf and discard it.</p> <p>2. Beat the softened outer part in pestle-mortar into fine powder.</p> <p>3. Mix the powder in milk, add to it lumpy brown sugar and then let it thicken on a slow flame of fire. The product has to be used by both wife and husband.</p>	<p><b>Precaution:</b> Avoid beef, lentils, split gram, sour things and cut down tea.</p>
Pain Before Due Date	<ul style="list-style-type: none"> <li>• Kali carb 30</li> <li>• Calc phos 6x</li> <li>• Ferrum phos 6x</li> <li>• Mac phos 6x</li> <li>• Kali phos 6x</li> </ul>	
Pain in the chest and spasm of hands and feet	<ul style="list-style-type: none"> <li>• Coccus cacti 30</li> <li>• Cuprum 30</li> </ul>	
Infection after child birth	<ul style="list-style-type: none"> <li>• Pyrogenum 200</li> <li>• Sulphur 200</li> </ul>	
Infection after abortion	<ul style="list-style-type: none"> <li>• Pyrobenum 200</li> <li>• Sulphur 200</li> </ul>	
For too much weakness	Carbo veg 30	
For shivers	Echinacea Q	10-12 drops diluted in water 3 times a day.
Mother seriously sick after child birth	<ul style="list-style-type: none"> <li>• Arnica 200</li> <li>• Pulsatilla 30</li> </ul>	
Microce Phaly (small head) or lump at the lower back of the child (Spina bifida)	<ul style="list-style-type: none"> <li>• Kali phos 6x</li> <li>• Silicia 6x</li> </ul>	

Symptoms	Homeopathy Remedies	Usage
Excessive/Unwanted hair on the face/ BUFO RANABoy (Hirsultism)	Thuja 10M	
Pimples on the cheeks, inside of mouth or on genitals	<ul style="list-style-type: none"> <li>• Psorinum 1000</li> <li>• Pyrogenum 1000</li> </ul>	Repeat after one week and no more, then re-evaluate
Prolapse of Uterus	<ul style="list-style-type: none"> <li>• Rhustox 200</li> <li>• Podophyllum 200</li> <li>• Calc fluor 6x</li> </ul>	
For having male child	<ol style="list-style-type: none"> <li>1. Pulsatilla 30</li> <li>2. Aurum muriatic CM</li> <li>3. Eat one testicle of lamb or goat a day beginning with the third month of pregnancy.</li> </ol>	Use only one dose of No: 2 on missing the period (possible conception)
To facilitate delivery (child birth)	<ul style="list-style-type: none"> <li>• Pulsatilla 30</li> <li>• Mag phos 6x</li> <li>• Kali phos 6x</li> </ul>	Three times a day. All together
The Child in Breach Position (Upside down or transverse lie)	Pulsatilla 200	
The Child dies in the womb and delivered by operation	<ol style="list-style-type: none"> <li>1. Pyrogenum 200 Sulphur 200 } 2. Ignatia Q</li> </ol>	No: 1 -Twice a week; No: 2 – use 8-10 drops in a sip of water. Twice a day.
Child Delivery getting overdue	Pulsatilla 30	5-6 times a day.
Infertility due to small size of the uterus	<ul style="list-style-type: none"> <li>• Silicia 6x</li> <li>• Calcarea phos 6x</li> <li>• Kali phos 6x</li> </ul>	All together



Symptoms	Homeopathy Remedies	Usage
Ailing Uterus	<ul style="list-style-type: none"> <li>• Kali phos 6x</li> <li>• Ferrum phos 6x</li> <li>• Silicia 6x</li> </ul>	All together
Cessation of periods- only spotting and pain (Amenorrhoea)	<ol style="list-style-type: none"> <li>1. Sulphur 1000</li> <li>2. Pulsatilla 30</li> </ol>	Repeat No: 1 after one week; use No: 2 three times a day.
Painful Scanty periods associated with frequent urination	<ol style="list-style-type: none"> <li>1. Arnica 200 Belladonna 200 Take above 2 twice a week Pulsatilla 30 Bryonia 30 Take above 2 three times a day</li> <li>2. Sulphur 200</li> </ol>	Use No: 1 three times a day twice a day. If still not better then take No: 2 three times a day twice a week.
No periods for a long time	Natrum Mur 1000	Once every 2 weeks for a few months.
No period but joints painful	Pulsatilla 1000	Once a week
Irregular periods	<ul style="list-style-type: none"> <li>• Psorinum 1000</li> <li>• Nat. Mur 6x</li> <li>• Ferrum phos 6x</li> <li>• Calc phos 6x</li> </ul>	Once a week. All together
Excessive bleeding, abdominal pain and weakness	<ul style="list-style-type: none"> <li>• Calc carb 30</li> <li>• Millefolium 30</li> <li>• Murx 30</li> <li>• Mag phos 6x</li> <li>• Silicia 6x</li> <li>• Ferrum phos 6x</li> </ul>	Three times a day, or may be taken more frequently.
Painful periods	Arsenic 200 Caulophyllum 200 Belladonna 200	Every hour as needed till better.

Symptoms	Homeopathy Remedies	Usage
Bleeding and heaviness during pregnancy (Threat of abortion)	1. Sabina 30 2. Viburnum pulus Q 10 drops in a sip of water <b>Or</b> 3. Kali carb 30 4. Passi flora Q	Use No: 1 three times a day. Use No: 2 two to three times a day. Use No: 3 three times a day.
Vomiting during pregnancy	1. Ipecac 30 Arsenic 30 Pulsatilla 30 Coculus indicus 30 Kali phos 6x Calc phos 6x Ferum phos 6x <b>Or</b>	Together 3 times a day
	2. Sulphur 200 Zincum metallicum 200 <b>Or</b>	
	3. Absinthium 6x Onathy crocate 6x	Once every 2-3 days
Painful left breast after operation	• Bryonia 30 • Phytolaca 30 • Calc fluor 30	Together 3 times a day
Milk clotted and retained in the breast for 5 years	1. Pulsatilla 30 2. Carcinosen 30	No: 1 Three times a day; No: 2 once a week.
Frequent Miscarriages	1. Sepia 30 2. Kali phos 1000	Use No: 1 three times a day; No: 2 once a month
Hysteria	Nux moschata 30	2-3 times a day
Leucorrhoea (Discolored/Itchy discharge)	• Sulphur 200 • Pyrogenum 200 • Arsenic 30	Daily
		3 times a day

Symptoms	Homeopathy Remedies	Usage
<b>Remedies for Diseases of Men</b>		
Childlessness (unable to father a child)	1. Syphilinum CM 2. Natrum muer 200 3. Kali phos 6x 4. Acid phos Q 3 drops in a glass of water.	Use No: 1 one dose, repeat in a month; No: 2 once a week; No: 3 & 4 daily - morning and evening.
	1. Typhodium CM 2. Kali phos CM 3. Zincum metallicum CM  4. Nat. Mur 6x Silicia 6x Acid phos 6x (1 x 2 drops in a glass of water and sip with meals three times a day).	No: 1 - First month; No: 2 - Second month; No: 3 - Third month. Repeat in same sequence. Additionally use No: 4 – two pills of each three times a day.
Sperms weak/dead	1. Typhodium CM 2. Kali phos CM 3. Zincum met CM 4. Nat. Mur 6x 5. Silicia 6x 6. Acid phos Q 1x 7. One testicle of goat or lamb to be eaten daily. <b>Or</b> 8. Gelsemium 200 Lycopodium 200 Hypericum 30 Symphytum 30 Staphisagria 30 Nat. Mur 6x Kali phos 6x Ferrum phos 6x	To be taken once a month in sequence 1, 2, 3. No: 6 - Twice daily.  or No: 8 - Twice a day to start with and then once a week.
Nocturnal ejaculation	<ul style="list-style-type: none"> <li>• Zincum met 200</li> <li>• Sulphur 30</li> </ul>	Avoid too many spices and meat during dinner.

Symptoms	Homeopathy Remedies	Usage
Nocturnal ejaculation/ emission (urine contains drops of semen)	<ul style="list-style-type: none"> <li>• Lycopodium 200</li> <li>• Sulphur 30</li> </ul>	Twice a week
Discharge of semen in urine (Spermatorrhea)	<ul style="list-style-type: none"> <li>• Sulphur 200</li> <li>• Natrum Mur 6x</li> <li>• Kali phos 6x</li> </ul>	Twice a week
Nocturnal ejaculation-passing semen in urine or thin seminal fluid	Calcarea Q 10-15 drops in a sip of water	Twice daily
Painful swelling of testicles (Orchitis)	<ul style="list-style-type: none"> <li>• Belladonna 200</li> <li>• Sulphur 200</li> <li>• Arnica 200</li> </ul>	
Premature ejaculation	Sulphur 200 alternate with Zinc metallicum 200	Twice a week
Lack of sexual arousal	<ul style="list-style-type: none"> <li>• Arnica 200</li> <li>• Onosmodium 200</li> </ul>	Three times a week
Masturbation	<ol style="list-style-type: none"> <li>1. Bufo Rana 30 Caladium 30</li> <li>2. Bufo Rana 200 Caladium 200</li> <li>3. Bufo Rana 1000 Caladium 1000</li> </ol>	No: 1 - Three times a week for one week; then No: 2 twice a week for one week; then No: 3 – Once after 10 days, repeat after 10 day; the No: 3 in 10,000 once a month for 2 months.
Sexual Weakness	<ol style="list-style-type: none"> <li>1. Eat one testicle [of goat or lamb - cooked] every day and take following medicines:</li> <li>2. Acid phos Q Agnus castus Q Nuphar luteum Q Then,</li> <li>3. Salix naiger Q</li> <li>4. Damina Q</li> </ol>	Use No: 2 (three drops each diluted in water) – three times a day for one week. Then use No: 3 (10-15 drops in water) 3 times a day.

Symptoms	Homeopathy Remedies	Usage
Sexual Weakness/ Weakness of erection	1. Selenium 200 2. Onosmodium 200	Use No: 1 – Morning - once a day for 3 days; use No: 2 – Evening - once a day for 3 days. Then alternate 1 and 2 once a week.
Lack of sexual arousal	1. Arnica 1000 2. Lycopodium 1000 3. Kali phos 1000	No: 1 - First week, once; No: 2 - Second week once, No: 3 – Third week once. Continue in the same order.
Gonorrhoea	1. Mercurius corr CM 2. Thuja 200 3. Cantharis 30  4. Cannabis sativa CM	No: 1 - One dose every month; No: 2 - once a week; No: 3 - Three times a day. If condition does not improve with above after some time, then use No: 4 - Once only.

Remedies for Diseases of Children		
Getting frightened and scared	Apis Melficca 30	
General Tonic	<ul style="list-style-type: none"> <li>• Kali Phos 6x</li> <li>• Ferram. Phos 6x</li> <li>• Calc. Phos 6x</li> </ul>	
Delayed Talking	<ul style="list-style-type: none"> <li>• Nat. Mur 6x</li> <li>• Kali Phos 6x</li> </ul>	
Child Not Talking Clearly	• Stramonium 30	
Delay in Walking	<ul style="list-style-type: none"> <li>• Baryata Carb 200</li> <li>• Kali Phos 6x</li> <li>• Ferram. Phos 6x</li> </ul>	



Symptoms	Homeopathy Remedies	Usage
Diarrhea Chronic	Aethosa 30	
Lack of Appetite	Nux Vomica 30	
Bedwetting	1. Equisetum 30 } Nux Vomica 30 } <b>Or</b> 2. Nat. Mur 6x Kali Phos 6x	
Weak and Sleepy (lethargic)	• Ferrum Phos 6x } • Mag Phos 6x } • Kali Phos 6x } • Silicia 6x } • Natrum Mur 6x } • Calc Phos 6x }	
Teething	• Ferrum Phos 6x } • Calc Phos 6x } • Kali Phos 6x } • Calc Flour 6x }	Use in morning and evening
Cranky Baby – Crying	Mag. Phos 30	
Diarrhea After Drinking Milk	1. Calc. Carb 30 Baptisia 30 Argentum Nitricum 30 Aethosa 30 <b>Or</b> 2. Baptisia 30 Croton 30 Ipecac 30 Carbo Veg. 30	Use No: 1 or 2 three times a day
Fever Associated with Upset Stomach	1. Rhus Tox 200 alternate with Bryonia 30 2. Baptisia 30 3. Ferrum Phos 6x } Nat. Sulph 6x } Kali Phos 6x } Silicia 6x }	
Child Cries and Holds Breath	1. Mag Phos. 6x } Kali Phos 6x } Solinum Nigram or 2. Cuprum 30	Use set No: 1 or Set No: 2

Symptoms	Homeopathy Remedies	Usage
Child Does not Want to Read	1. Sulphur 200 2. Rhus Tox 200	Use No: 1 alternate with No: 2
Nail Biting	Calc. Carb 30	
Lack of Appetite and not thriving	<ul style="list-style-type: none"> <li>• Ferrum Phos 6x</li> <li>• Calc Phos 6x</li> <li>• Kali Phos 6x</li> <li>• Silicia 6x</li> </ul>	
Grinding Teeth	Wormiced 30	
Throwing Temper Tantrums and Spitting	<ul style="list-style-type: none"> <li>• Zincum Metallicum 200</li> <li>• Hyoscymus 200</li> </ul>	Use twice a week
Mumps	<ul style="list-style-type: none"> <li>• Baptisia 30</li> <li>• Cantharis 30</li> <li>• Heparsulph 30</li> <li>• Conium 30</li> <li>• Phosphorus 30</li> <li>• Belladonna 30</li> <li>• Antimonum Crude 30</li> </ul>	All together
Child Becomes Terrified as Soon as Evening Sets In	Lycopodium 200	Use once a day for a few days and then once a week
Bed Wetting	Calc Carb. 30	Use 3 Times a day
Baby Throws Up Milk	Calc Carb. 30	Use 3 Times a day
Eating Clay	Baryta Carb. 30	Use 3 Times a day
Not Growing Tall	<ol style="list-style-type: none"> <li>1. Bacillinum 200 Baryta Carb. 200</li> <li>2. Silica 6x Clac. Phos 6x Natrum Mur 6x</li> </ol>	Use No: 1 once a week. If not effective then increase potency of to 30
Mentally Disturbed	<ol style="list-style-type: none"> <li>1. Sulphur 200</li> <li>2. Nux Vomica 30</li> <li>3. Natrum Mur 200</li> </ol>	Use No: 1 and 2 and if not effective, then try No: 3 twice a week

Symptoms	Homeopathy Remedies	Usage
Unable to Walk due to Measles	Verilenum CM	Use one dose and then repeat after 2 months and then at 4 months; should be 3 doses in all
Chicken Pox	<ul style="list-style-type: none"> <li>• Ferrum Phos 6x</li> <li>• Kali Phos 6x</li> <li>• Silicia 6x</li> </ul>	
To Prevent Delay in Learning to Speak	<ul style="list-style-type: none"> <li>• Nitrum Phos 6x</li> <li>• Kali Phos 6x</li> </ul>	
Intestinal Worms	Worm Seed 30 Cina 30	
Weak Physique Since Birth	Pulsatilla 1000	
Tight, Contracted Musculature of a Child (makes sitting and standing difficult)	<ul style="list-style-type: none"> <li>• Absentium 30</li> <li>• Muretic Acid 30</li> <li>• Carbo Veg 30</li> </ul>	All together

## General Remedies

### Remedies for Cold, Fever, Sneezing, and Cough

Chronic Cold (Long Standing)	1. Bacillinum 200, Bryonia 200, Phosphorous 30 <b>Or</b> 2. Bacillinum 200, Gelsemium 200, Psorinum 200 <b>Or</b> 3. Bacillinum 200, Influenzium 200, Psorinum 200	
Runny Nose, Sore Throat and Sneezing	1. Bacillinum 200 Nat. Mur. 200 <b>Or</b> 2. Influenzium 200	Give No: 1 twice a week or Use No: 2 daily for a few days

Symptoms	Homeopathy Remedies	Usage
Flu	1. Causticum 200 Belladonna 200 Gelsemium 200 2. Ferrum Phos 6x Kali Phos 6x Silicia 6x	Use set No: 1 and Use set No: 2 for associated fever.
Flu	1. Causticum 200 Gelsemium 200 Bryonia 200 Arsenic 200 Belladonna 200 <b>Or</b> 2. Influenzinum 200 Pyrogenum 200 Psoranium 200 <b>Or</b> 3. Bacillinum 200 Influenzinum 200 Pyrogenum 200	Use any one set only
Cough	<ul style="list-style-type: none"> <li>• Bryonia 30</li> <li>• Arsenic 30</li> <li>• Phosphrous 30</li> </ul>	Three times a day
Continuous Cough	<ul style="list-style-type: none"> <li>• Bryonia 200</li> <li>• Bacillinum 200</li> </ul>	
Dry Cough	<ul style="list-style-type: none"> <li>• Carbo Veg 30</li> <li>• Belladonna 30</li> <li>• Aconite 30</li> <li>• Spongia 30</li> </ul> <b>Or</b> <ul style="list-style-type: none"> <li>• Arsenic 30</li> <li>• Bryonia 30</li> <li>• Phosporous 30</li> </ul>	
Coughing Blood	<ul style="list-style-type: none"> <li>• Belladonna 200</li> <li>• Bryonia 200</li> <li>• Bacillinum 200</li> <li>• Phosporous 30</li> </ul>	
Coughing and Difficulty Breathing	Psoranium 1000	Once every 10 days; 3 doses only

Symptoms	Homeopathy Remedies	Usage
Sneezing	Nat. Mur 1000	Once a week
Burning Sensation in Throat	<ul style="list-style-type: none"> <li>• Arsenic 30</li> <li>• Phosphorous 30</li> </ul>	
Sneezing	<ul style="list-style-type: none"> <li>• Sabadilla 30</li> </ul>	Twice a day
Motion Sickness (Nausea, Vomiting)	<ul style="list-style-type: none"> <li>• Bryonia 30</li> <li>• Nux Vomica 30</li> <li>• Ipecac 30</li> <li>• Cocculus 30</li> </ul>	Once before going on journey and once after completing the journey. All together.
Tonsillitis	<ul style="list-style-type: none"> <li>• Phytolacca 30</li> <li>• Baptisia 30</li> <li>• Kali Mur 30</li> <li>• Calc. Flour 30</li> <li>• Silicia 30</li> </ul>	All together.
Whooping Cough	<p>1. Belladonna 200 Bryonia 200 Bacillinum 200 Drosera</p> <p>Or</p> <p>2. Arnica 1000 Carbo Veg 30 Mag Phos 30 Ipecac 30</p>	Use set No: 1 three times a week or Use set No: 2 three times a day once a week
Chicken Pox	<ul style="list-style-type: none"> <li>• Verolinum 30</li> <li>• Antimony Tart 30</li> <li>• Arsenic 30</li> </ul>	All together
Chronic Cold	<ul style="list-style-type: none"> <li>• Influenzium 200</li> <li>• Bacillinum 200</li> <li>• Lachesis 200</li> </ul>	Daily for 4 days, then twice a week. All together
Tonic for Chest Development	<ul style="list-style-type: none"> <li>• Sulphur 200</li> <li>• Bryonia 30</li> <li>• Phosphorus 30</li> </ul>	

Symptoms	Homeopathy Remedies	Usage
Typhoid/Low Grade Continuous Fever Breath is Foul-Smelling and Child is Delirious	1. Pyrogenum 200 } Typhoidinum 200 } Kali Phos 6x } Ferrum Phos 6x } 2. Baptisia	Use No: 1  Use No: 2 only if breath is foul smelling and child is delirious
Fever	• Sulphur 200 } • Pyrogenum 200 } • Ferrum Phos 6x } • Kali Mur 6x } • Silicia 6x } • Calc Flour 6x }	
Fever with Shiver/Chill	• Bacillinum 200 • Pyrogenum 200 • Influenzium 200 • Bryonia 200	All together
Fever Associated with Abdominal Pain	• Pyrogenum 200 } • Typhoidinum 200 } • Kali Phos 6x } • Ferrum Phos 6x }	
Pneumonia	1. Bryonia 30 <b>alternate</b> with Phosphorus 30 2. Sulphur 200	
Non-relenting Fever	1. Bacillinum 200 } Pyrogenum 200 } Bryonia 200 } Kali Mur 6x } 2. Ferrum Phos 6x } Calc Phos 6x }	Use set No: 1 daily morning and Evening  Use set No: 2 four to five times a day
Malaria with Abdominal Pain	• Nux Vomica 30 • Belladonna 30 • Mag. Phos 30 • Colosynth 30	All together
Pneumonia	• Sulphur or Bryonia 30 • Phosphorus 30	Use 3 times a day

Symptoms	Homeopathy Remedies	Usage
<b>Remedies for Intestine and skin diseases</b>		
Loose Motions (Diarrhea)	<ul style="list-style-type: none"> <li>• Podophylum 30</li> <li>• Croton 30</li> <li>• Veratrum Album 30</li> </ul>	All together
Malaria/Typhoid	<ul style="list-style-type: none"> <li>• Typhoidinum 200</li> <li>• Pyrogenum 200</li> <li>• Kali Phos 6x</li> <li>• Ferrum Phos 6x</li> <li>• Nat. Sulph 6x</li> </ul>	
Malaria	<ul style="list-style-type: none"> <li>• Natrum Chlorotum 30</li> <li>• Natrum Sulph 30</li> <li>• Kali Phos 30</li> <li>• Ferrum Phos 30</li> <li>• Bryonia 200 or Rhustox 200</li> </ul>	Alternate
Abdominal Colic	<ul style="list-style-type: none"> <li>• Colocynth 30</li> <li>• Nux Vomica 30</li> <li>• Descoria 30</li> <li>• Kurchi 30</li> </ul>	All together
Epidemic Flu/Viral Stomach Flu	<ul style="list-style-type: none"> <li>• Croton 30</li> <li>• Ipecac 30</li> <li>• Carbo Veg 30</li> <li>• Baptisia 30</li> </ul>	All together
Severe Abdominal Pain	<ol style="list-style-type: none"> <li>1. Colocynth CM</li> <li>2. Ferrum Phus 6x</li> <li>3. Kali Mur 6x</li> <li>4. Silicia 6x</li> <li>5. Mag Phos 6x</li> </ol>	Use No: 1 only once, others as needed
Convulsions	<ol style="list-style-type: none"> <li>1. Aconite 30</li> <li>    Belladonna 30</li> <li>    Nux Vomica 30</li> <li>2. Mag Phos 6x</li> </ol>	Use No: 2 for associated fever
Shortness of Breath with Minimal Walking	<ul style="list-style-type: none"> <li>• Carbo Veg 30</li> <li>• Cina 30</li> <li>• Cimifuga 30</li> </ul>	

Symptoms	Homeopathy Remedies	Usage
Meningitis	<ul style="list-style-type: none"> <li>• Nat. Sulph 200</li> <li>• Belladonna 200</li> <li>• Nux Vomica 200</li> <li>• Silicia 6x</li> <li>• Mag Phos 6x</li> <li>• Kali Phos 6x</li> </ul>	
Hay Fever	<ol style="list-style-type: none"> <li>1. Bacillinum 200 Bryonia 200</li> <li>2. Sabadilla 30</li> <li>3. Ferrum Phos 6x Kali Phos 6x Silicia 6x Calc. Phos 6x</li> </ol>	No: 1 and 2 twice a week; No: 2 twice daily; No: 3 mixed together
Weakness Resulting from the Fever	Cina 30	
Cough with Expectorations (flym) (material from lungs)	<ul style="list-style-type: none"> <li>• Causticum 30</li> <li>• Belladonna 30</li> <li>• Bryonia 30</li> </ul>	All together
Sore Throat	<ul style="list-style-type: none"> <li>• Gelsemium 200</li> <li>• Bryonia 200</li> <li>• Belladonna 200</li> <li>• Bacillinum 200</li> <li>• Aresenic 200</li> </ul>	All together
Sore Throat Causing Difficulty Speaking	<ul style="list-style-type: none"> <li>• Bryonia 200</li> <li>• Belladonna 200</li> <li>• Silicia 6x</li> <li>• Ferrum Phos 6x</li> <li>• Kali Mur 6x</li> <li>• Calc Flour 6x</li> </ul>	Twice a week
Inability to Speak due to an Inflamed Throat	<ul style="list-style-type: none"> <li>• Sulphur 200</li> <li>• Rhus Tox 200</li> </ul>	Alternate
Chest Wall Pain due to ribs exposure to the cold	<ul style="list-style-type: none"> <li>• Bryonia 200</li> <li>• Bacillinum 200</li> <li>• Sulphur 30</li> </ul>	



Symptoms	Homeopathy Remedies	Usage
Gas in the Abdomen	1. Kali Phos 6x Calc Phos 6x Mag Phos 6x <b>Or</b> 2. Cina 30 Carbo Veg 30 Lycopodium 30 <b>Or</b> 3. Cina 30 Carbo Veg 30 Mag Phos 30 <b>Or</b> 4. Stannum 30 Carbo Veg 30 Cina 20 Colocynth 30 Sabadilla 30 Lycopodium 30	Each set all together
Intestinal Worms	<ul style="list-style-type: none"> <li>• Sulphur 200</li> <li>• Cina 30</li> <li>• Nat. Carb 30</li> <li>• Arsenic 30</li> </ul>	
Acidity	<ul style="list-style-type: none"> <li>• Iris Versicolor 200                              alternate with Sulphur 200</li> <li>• Nux Vomica 30</li> </ul>	Use for 3 days and then only once a week. Use Nux Vomica 3 times a day
Watery Stools	<ul style="list-style-type: none"> <li>• Podophyllum 30</li> <li>• Croton 30</li> <li>• Nat. Sulph 30</li> </ul>	All together
General Remedy for Diarrhea	1. Merc Sol 30 Croton 30 Ipecac 30 Kali Phos 6x Ferrum Phos 6x <b>Or</b> see next page	Use only one set

Symptoms	Homeopathy Remedies	Usage
	2. Cina 30 Podophyllum 30 Croton 30 Ipecac 30 Carbo Veg 30 Veratrum Album 30	
Bellyache with Acidity	<ul style="list-style-type: none"> <li>• Sulphur 200</li> <li>• Nux Vomica 200</li> </ul>	
Gastritis/Ulcer	<ul style="list-style-type: none"> <li>• Bryonia 200</li> <li>• Kurchi 30</li> <li>• Creostum 30</li> <li>• Arsenic 30</li> <li>• Ipecac 30</li> <li>• Colocynth 30</li> </ul>	
Travel Sickness/Vomiting	<ul style="list-style-type: none"> <li>• Bryonia 30</li> <li>• Nux Vomica 30</li> <li>• Cocculus 30</li> <li>• Ipecac 30</li> </ul>	Once a day. Once before starting journey and one at the end. All together.
Vomiting Due to Fear or Anxiety or Vomiting on Empty Stomach	<ul style="list-style-type: none"> <li>• Sepa 30</li> <li>• Creosotum 30</li> </ul>	All together
Nausea/Vomiting at the Sight of Food	<ul style="list-style-type: none"> <li>• Colchicum 30</li> <li>• Coccux Cacti 30</li> <li>• Cocculus 30</li> </ul>	All together
Prevention Against Cholera	<ul style="list-style-type: none"> <li>• Sulphur 30</li> <li>• Camphor 30</li> </ul>	All together
Cholera	<ul style="list-style-type: none"> <li>• Cuprum 30</li> <li>• Veratrum Album 30</li> </ul>	All together
Potbelly	<ul style="list-style-type: none"> <li>• Phytolacca 30</li> <li>• Phosphorous 30</li> <li>• Cholestrinum 30</li> </ul>	All together
Obesity	<ul style="list-style-type: none"> <li>• Phytolacca 30</li> <li>• Barytycarb 30</li> </ul>	All together

Symptoms	Homeopathy Remedies	Usage
Inflammation after Surgical Removal of Bladder	<ol style="list-style-type: none"> <li>Sulphur 200 Podophyllum 200 Arnica 200</li> <li>Hypericum 200 Symphytum 200 Staphysagria 200</li> </ol>	Use set No: 1 in the morning, Use set No: 2 In the evening, both twice a week
To Reduce Weight	<ul style="list-style-type: none"> <li>Baryta Carb. 200</li> <li>Calc. Carb. 30</li> </ul>	Once a week
Acne (Pimples with Pus Formation)	<ul style="list-style-type: none"> <li>Rhus Tox 200 Alternate with Sulphur 200</li> </ul>	Once a day
Dysentery	<ol style="list-style-type: none"> <li>Merc Cor 30 Colocynth 30 Ferrum Phos 30 Millifolium 30</li> </ol> <p><b>Or</b></p> <ol style="list-style-type: none"> <li>Cina 30 Carbo Veg 30 Croton 30 Kurchi 30</li> </ol> <p><b>Or</b></p> <ol style="list-style-type: none"> <li>Cina 30 Carbo Veg 30 Croton 30 Kurchi 30 Phosphorous 30 Millifolium 30</li> </ol> <p><b>Or</b></p> <ol style="list-style-type: none"> <li>Nux Vomica 30 Kurchi 30 Ipecac 30 Creosotum 30 Aconite 30 Colocynth 30</li> </ol>	Use only one set at a time. Each set – all together.
Constipation	<ul style="list-style-type: none"> <li>Bryonia 30</li> <li>Nux Vomica 30</li> </ul>	Together

Symptoms	Homeopathy Remedies	Usage
Abdominal Spasms, Tightening of Gut	<ul style="list-style-type: none"> <li>• Arnica 200</li> <li>• Bryonia 200</li> <li>• Nux Vomica 30</li> <li>• Colocynth 30</li> <li>• Creostum 30</li> </ul>	
Abdominal Discomfort, Colitis Cramps (Tenesmus)	<ul style="list-style-type: none"> <li>• Pyrogenum 200</li> <li>• Mercsol 200</li> <li>• Arnica 200</li> <li>• Mag Phos 6x</li> <li>• Kali Mur 6x</li> <li>• Kurchi 6x</li> </ul>	
Warts	<ul style="list-style-type: none"> <li>• Thuja 200</li> <li>• Causticum 30</li> </ul>	Together
Spasmodic Pain in the Middle Part of Abdomen	<ul style="list-style-type: none"> <li>• Arnica 200</li> <li>• Belladonna 200</li> <li>• If not effective, use</li> <li>• Cuprum 30</li> </ul>	
Appendicitis	<ul style="list-style-type: none"> <li>• Iris Tenax 200</li> <li>• Arnica 200</li> <li>• Bryonia 200</li> <li>• Belladonna 200</li> </ul>	One dose, repeat in an hour. Then 2-3 times a day for a few days and then once weekly. All together.
Stomachache (Gastritis)	<ul style="list-style-type: none"> <li>• Nux Vomica 30</li> <li>• Ipecac 30</li> <li>• Cocculus 30</li> <li>• Arsenic 30</li> <li>• Petroleum 30</li> </ul>	All together.
Chest Pain Due to Stomach Problem	<ul style="list-style-type: none"> <li>• Carboveg 30</li> <li>• Colocynth 30</li> <li>• Nux Vomica 30</li> <li>• Ipecac 30</li> </ul>	All together.

Symptoms	Homeopathy Remedies	Usage
Epigastrium (Pain in the Pit of the Stomach)	<ul style="list-style-type: none"> <li>• Carboveg 30</li> <li>• Colocynth 30</li> <li>• Aconite 30</li> </ul>	All together.
Kidney Infection	<ul style="list-style-type: none"> <li>• Arsenic Q</li> <li>• Phosphorous Q</li> <li>• Prera Brava Q</li> </ul>	
Severe Kidney Pain (Renal Colic)	<ul style="list-style-type: none"> <li>• Aconite 1000</li> <li>• Belladonna 1000</li> </ul>	Use just one dose. All together.
Kidney Failure	<ol style="list-style-type: none"> <li>1. Apis Mellifica 1000</li> <li>2. Kali Mur 6x Silicia 6x Kali Phos 6x Nat. Mar 6x</li> <li>3. Prera Brava Q (8-10 drops)</li> </ol> <ul style="list-style-type: none"> <li>• Serum Q ( 1-2 drops)</li> </ul>	Once a week  Diluted in water; to be Used 3 times a day
Only one Kidney Working	<ul style="list-style-type: none"> <li>• Prera Brava Q (8-10 drops)</li> <li>• Serum Q (1-2 drops)</li> <li>• Causticum 200</li> </ul>	Diluted in water to be Used 3 times a day. Once a day
Kidney Injured/ Swollen/ Infected	<ol style="list-style-type: none"> <li>1. Arnica 1000 Belladonna 1000</li> <li>2. Preva Brava Q Berberis Q</li> <li>3. Silicia 1000</li> </ol>	Use set No: 1 and 2. If not better within 1-2 days, then Use No: 3 just once
White Skin Spots (Loss of Pigment)	<ol style="list-style-type: none"> <li>1. Psorinum 1000 Sulphur 1000 Arsenic Sulph 30</li> </ol> <p>Or</p> <ol style="list-style-type: none"> <li>2. Psorinum 200 Hydrocotyle 30 Arsenic 30 Sulphur 30</li> </ol>	Once a week

Symptoms	Homeopathy Remedies	Usage
Psoriasis	<ol style="list-style-type: none"> <li>1. Psoriasis 1000</li> <li>2. Sulphur 1000</li> </ol>	Once a week. Use No: 1 in Week 1 then No: 2 in Week 2 then keep alternating.
Brown Pigments, Spots on Face	<ul style="list-style-type: none"> <li>• Arnica 30</li> <li>• Cyholphyllum 30</li> </ul>	
Itchy Rash (Water Makes it Worse)	Rhus Tox 1000	
Pigment Spots on Face	Kali Bichrome 30	Twice a day
Native/Home Remedy for Ulcer	<ol style="list-style-type: none"> <li>1. Bark of Black Shisham Tree 3 inch x 4 inch</li> <li>2. Fennel – 1 teaspoon</li> <li>3. Anabs 10</li> </ol>	Boil all in 1 ½ glass of water till it reduces to half. To be Usen daily before breakfast for 10 days. Repeat for 10 days, after a gap of 3 days if needed.
Ulcer	<ol style="list-style-type: none"> <li>1. Iris Versicolor 200</li> <li>Arnica 200</li> <li>Kali Iodide 200</li> <li>Ferrum Phos 6x</li> <li>Kali Phos 6x</li> <li>Calc Phos 6x</li> </ol> <p>Or</p> <ol style="list-style-type: none"> <li>2. Kali Hydroiodum</li> <li>Creostum 30</li> <li>Nux Vomica 30</li> <li>Aconite 30</li> </ol>	Use only one set
Skin Sensitive to Artificial Jewelry	Petroleum 30	
Itchy Red Spots on Face	Psorinum 1000	Once a week

Symptoms	Homeopathy Remedies	Usage
Itchy Skin	1. Sulphur 200 - alternate with Rhus Tox 200 <b>Or</b> 2. Sulphur 200 3. Silicia 6x Kali Phos 6x } }	Once a week.  If not better with 1 and 2 then use No: 3
Ringworm	• Bacillinum 200 • Nat. Mur 30 • Teucrium 30 } }	Twice a week
Dry Itchy Skin (Allergic Dermatitis)	Lac Defloratrum CM	Just once, 2-3 times a day
Dry Cracking Skin Due to Cold	• Psorinum 1000 • Petroleum 30	Once a week
Dry, Fissuring Skin Due to Concrete/Cement	• Sulphur 200 • Rhus Tox 1000	Once a week for a few weeks alternatively
Eczema	• Sulphur 200 alternated with • Rhus Tox 200	Once a week
Dry Cracking Skin	Sulphur 200	
Pimples and Marks on the Face	1. Belladonna 1000 alternate with Silicia 1000 <b>Or</b> 2. Belladonna 200 Silicia 6x Kali Mur 6x } }	Use No:1 or 2, once a week
Rounded Shape, Big Brown Eruptions	• Thuja 200 • Baryta Carb 200 • Phosphorous 30	Repeat after 15 days and re-evaluate.
Chronic Eczema	• Bacillinum 200 • Nat. Mur 30 • Teucrium 30 } }	
White Spots (Leukoderma)	Arsenic Sulph 30	3 times a day

Symptoms	Homeopathy Remedies	Usage
<b>Remedies for Accidents, Back and Joint Pain</b>		
Backache	1. Kali Carb 30 Simifuga 30 Mag Phos 30 <b>Or</b> 2. Arnica 200 Aconite 200 <b>Or</b> 3. Arnica 200 RhusTox 200 Kali Carb 30	Use only one set. Each set all together.
On Getting Hurt (Bruising, Contusion, Crush)	<ul style="list-style-type: none"> <li>• Arnica 30</li> <li>• Aconite 30</li> <li>• Belladonna 30</li> </ul>	All together.
Constipation Causing Backache	<ul style="list-style-type: none"> <li>• Bryonia 200 alternate with</li> <li>• Sulphur 200</li> </ul>	
Pain Lower Back Causing Difficulty for Walking	<ul style="list-style-type: none"> <li>• Hypericum 30</li> <li>• Ruta 30</li> <li>• Staphysagria 30</li> </ul>	All together.
Backache	1. Bryonia 200 Podophyllum 200 Causticum 200 <b>Or</b> 2. Arnica 200 Lachesis 200 Ledum 200 <b>Or</b> 3. Simifuga 30 Kali Carb 30 Mag Phos 30	Start with No: 1. If not better then 2 and 3. Each set all together.
Slipped (Herniated) Disc	<ul style="list-style-type: none"> <li>• Arnica 200</li> <li>• Rhus Tox 200</li> <li>• Nat. Mur 6x</li> <li>• Calc. Flour 6x</li> <li>• Mag. Phos 6x</li> </ul>	



Symptoms	Homeopathy Remedies	Usage
Severe Bodily Injuries	<ul style="list-style-type: none"> <li>• Arnica 1000</li> <li>• Nat. Sulph 1000</li> <li>• Causticum 200</li> </ul>	
Legs Paralyzed in Accident	<ul style="list-style-type: none"> <li>• Arnica 1000 alternate with Rhus Tox 1000</li> <li>• Hypericum 30</li> <li>• Symphytum 30</li> <li>• Simifuga 30</li> </ul>	Once a week
Coma Caused by Accident	<ul style="list-style-type: none"> <li>• Arnica 200</li> <li>• Nat. Sulph 200</li> </ul>	Repeat a few times
Severe Head Injury	<ul style="list-style-type: none"> <li>• Nat. Sulph 200</li> <li>• Arnica 200</li> </ul>	Twice a day for 2-3 days, then once a day for 2-3 days.
Spasms/Charlie Horse Due to Electrocution	<ol style="list-style-type: none"> <li>1. Arnica 1000</li> <li>2. Causticum 200</li> </ol>	Use No: 1 once a week for a few weeks; Use No: 2 once a day then for 2-3 times a week then re-evaluate.
Pain in the Hand, Finger Joints Weak	<ol style="list-style-type: none"> <li>1. Bacillinum 200 Bryonia 200</li> <li>2. Arnica 200 Rhus Tox 200</li> </ol>	Use No: 1 in the morning and No: 2 in the evening
Brittle Nails	<ul style="list-style-type: none"> <li>• Silcia 6x</li> <li>• Calc Flour 6x</li> <li>• Nat. Mur 6x</li> </ul>	Twice a day for 2 weeks
Pain Under the Mid-Foot	<ol style="list-style-type: none"> <li>1. Arnica 200 Bryonia 200 Belladonna 200</li> </ol> <p><b>Or</b></p> <ol style="list-style-type: none"> <li>2. Antimony Crude 200 Silicia 6x Kali Mur 6x Ferrum Phos 6x Calc Flour 6x</li> </ol> <p><b>Or</b> See next page</p>	Use one set only once a day in the morning

Symptoms	Homeopathy Remedies	Usage
	3. Bellis Perrinis 30 Ruta 30	
Painful Joints	1. Arnica 200 Rhus Tox 200 And Kali Carb	Use No: 1 and if no effect, then use No: 2 or 3 or 4
	2. Ferrum Phos 6x Kali Mur 6x Nat. Mur 6x Mag Phos 6x	
	<b>Or</b>	
	3. Arnica 200 Rhus tox 200 Mag Phos 6x Nat. Mur 6x Calc Flour 6x	
	<b>Or</b>	
	4. Cylophyllum 200 Bryonia 200	Alternate 4 and 5
	5. Arnica 200 Rhus Tox 200 alternate Benzoic Acid 30	
Painful Swollen Feet	<ul style="list-style-type: none"> <li>• Arnica 200</li> <li>• Cylophyllum 200</li> <li>• Benzoic Acid</li> </ul>	All together
Body Aches	<ul style="list-style-type: none"> <li>• Arnica 200</li> <li>• Causticum 200</li> <li>• Bryonia 200</li> </ul>	All together
Generalized Weakness of the Body	<ul style="list-style-type: none"> <li>• Arnica 200</li> <li>• Ferrum Phos 6x</li> <li>• Kali Phos 6x</li> <li>• Calc Phos 6x</li> </ul>	All together
Weakness, Excessive Urination, Light Headedness	<ul style="list-style-type: none"> <li>• Gelsemium 200</li> <li>• Calc Phos 6x</li> <li>• Kali Phos 6x</li> <li>• Mag Phos 6x</li> </ul>	

Symptoms	Homeopathy Remedies	Usage
Tiredness	<ul style="list-style-type: none"> <li>• Arnica 200</li> <li>• Bryonia 200</li> </ul>	All together
Mental Tension, Headache, Pain Neck Going the Arm	<ul style="list-style-type: none"> <li>• Arnica 200</li> <li>• Gelsemium 200</li> <li>• Kali Carb 30</li> <li>• Simifuga 30</li> </ul>	Twice a week
Nervous Weakness	<ul style="list-style-type: none"> <li>• Lycopodium 1000</li> <li>• Kali Phos 6x</li> <li>• Mag Phos 6x</li> </ul>	Once a week
Mental, Physical Weakness	<ul style="list-style-type: none"> <li>• Bacillinum 200</li> <li>• Calc Phos 6x</li> <li>• Mag Phos 6x</li> <li>• Ferrum Phos 6x</li> <li>• Silicia 6x</li> <li>• Kali Phos 6x</li> </ul>	
Sprain	<p>1. Arnica 200 Ledum 200 Belladonna 200</p> <p><b>Or</b></p> <p>2. Arnica 200 Belladonna 200 Bellis 200</p>	Each set all together
Knee Pain	<p>1. Arnica 200 Bryonia 200</p> <p>2. Sulphur 30</p>	Take No: 1 twice a week and No: 2 twice a day
Chronic Knee Pain	<ul style="list-style-type: none"> <li>• Arnica 1000</li> <li>• Bryonia 1000</li> </ul>	Alternate once every 10 days for 6-7 weeks
Fluid in the Knee (Effusion)	<ul style="list-style-type: none"> <li>• Bryonia 200</li> <li>• Sulphur 200</li> </ul>	All together
Sweaty Hands and Feet	<ul style="list-style-type: none"> <li>• Sulphur 200</li> </ul>	

Symptoms	Homeopathy Remedies	Usage
Arthritis of the Spine Causing Pain When Lifting Things	<ul style="list-style-type: none"> <li>• Bacillinum 30</li> <li>• Phosphorous 30</li> </ul>	All Together
Excessive Fluid in the Backbone	<ul style="list-style-type: none"> <li>• Bacillinum 200</li> <li>• Psorinum 200</li> <li>• Pyrogenum 200</li> <li>• Kali Phos 6x</li> <li>• Silicia 6x</li> <li>• Ferrum Phos 6x</li> </ul>	
Sciata (Back Pain Radiating Down the Leg)	<ol style="list-style-type: none"> <li>1. Arnica 200 Bryonia 200</li> <li>2. Hypericum 30 Staphysagria 30 or</li> <li>3. Oenanthe 6x Crocata 6x</li> </ol>	Use No:1 twice a week, No: 2 or No: 3 three times a day. Each set together.
Slipped Disc	<ul style="list-style-type: none"> <li>• Arnica 200</li> <li>• Rhus Tox 200</li> <li>• Kali Phos 30</li> <li>• Calc Flour 30</li> <li>• Nat. Mur 30</li> </ul>	
Broken Bones	<ol style="list-style-type: none"> <li>1. Ruta 30 Calc Phos 30 Symphtum 30</li> </ol> <p><b>Or</b></p> <ol style="list-style-type: none"> <li>2. Ruta 200 Hypericum 200</li> <li>3. Symphytum 30 Calc Flour 30 Calc Phos 30</li> </ol>	Take No: 1 three times a day  Or No: 2 twice a week and No: 3 three times a day.  Each set all together
Bone Spurs Prevention	<ul style="list-style-type: none"> <li>• Ferrum Phos 6x</li> <li>• Kali Phos 6x</li> <li>• Calc Phos 6x</li> <li>• Calc Flour 6x</li> </ul>	
Pulled Muscle (Muscular Strain/Sprain)	<ol style="list-style-type: none"> <li>1. Arnica 200 Bryonia 200 or</li> <li>2. Arnica 200 Causticum 200</li> </ol>	Use only set 1 or 2. Each set all together.

Symptoms	Homeopathy Remedies	Usage
Pain Leg Radiating to Feet	<ul style="list-style-type: none"> <li>• Lachesis 200</li> <li>• Ledum 200</li> </ul>	All together
Rheumatism Pain (Right Leg)	<ol style="list-style-type: none"> <li>1. Lycopodium 200 } Belladonna 200 }</li> <li>2. Bryonia 200 } Causticum 200 }</li> </ol>	Alternate No: 1 and No: 2 morning, evening
Muscle Pain Leg	<ul style="list-style-type: none"> <li>• Arnica 200</li> <li>• Bryonia 200</li> <li>• Causticum 200</li> </ul>	All together
Pain and Swelling of Leg	<ul style="list-style-type: none"> <li>• Carbo Veg 30</li> <li>• Argentum Nitricum 30</li> </ul>	All together
Bruise Marks/Blood Clots	<ul style="list-style-type: none"> <li>• Arnica 200</li> <li>• Lachesis 200</li> <li>• Ledum 200</li> </ul>	All Together
Legs, Cold Down to the Feet	<ul style="list-style-type: none"> <li>• Psorinum 1000</li> <li>• Conium 30</li> </ul>	Once a week for 3 weeks
Wrist Pain	<ul style="list-style-type: none"> <li>• Kali Carb 30</li> </ul>	
Swelling of Joints, Shoulders, Hands and Feet with Blue Marks on the Palm of the Hands	<ul style="list-style-type: none"> <li>• Arnica 200</li> <li>• Lachesis 200</li> <li>• Ledum 200</li> </ul>	Two to three times a day. All Together.
Pain in the Calf Travelling Up to the Back	<ul style="list-style-type: none"> <li>• Nux Vomica 30</li> <li>• Simifgua 30</li> <li>• Hypercum 30</li> </ul>	Two to three times a day. All Together.
Old Injury	Arnica 1000 alternate with Bryonia 1000	Once a week
Pain in the Heels (Plantar Fasciitis)	<ul style="list-style-type: none"> <li>• Sulphur 200</li> <li>• Arnica 200</li> </ul>	Two to three times a day. All Together.
Pin/Needle in the Body	Silcia 6x	

Symptoms	Homeopathy Remedies	Usage
<b>Remedies for Liver, Kidney, Heart, Lungs, and Blood Disorders</b>		
Angina and Heart Tonic	<ol style="list-style-type: none"> <li>1. Arnica 200 Lachesis 200</li> <li>2. Spongia 30 Mag Phos 30 Arsenic 30 Aconite 30</li> <li>3. Cretequs Q</li> </ol> <p><b>Or</b></p> <ol style="list-style-type: none"> <li>1. Bryta Carb 30 Belladonna 30 Arsenic 30 Nat. Sulph 30</li> <li>2. Cretequs Q - 10-15 drops in water 3 times a day</li> </ol> <p><b>Or</b></p> <ol style="list-style-type: none"> <li>1. Carbo Veg 30 Naja 30 Mag Phos 30 Colocynth 30</li> <li>2. Cretecus Q - 10 to 15 drops in water 3 times a day</li> </ol>	<p>Use No: 2 three times a days. Each set all Together.</p> <p>For angina with high blood pressure. Three times a day. Each set all together.</p> <p>For angina with low blood pressure. Three times a day. Each set all together.</p>
Home Remedy for Angina (Hakeem Mohammad Saeed)	<ul style="list-style-type: none"> <li>• Fresh Mint – 6 grams</li> <li>• Ginger – 3 grams</li> <li>• Beetle Leaf (fresh) – one leaf</li> </ul> <p>- Shred them thin, boil in water.</p>	Drink it like tea once or twice a day.
Heart Problems	Carbo Animalis 30	3 times a day
Cardio Tonic	<ol style="list-style-type: none"> <li>1. Arnica 200 Lachesis 200</li> <li>2. Spigelia 30 Carbo Veg 30 Aconite 30 Arsenic 30 Naja 30</li> </ol>	Each set two to three times a days. Each set all Together.

Symptoms	Homeopathy Remedies	Usage
Heart Muscle Weakened	<ol style="list-style-type: none"> <li>1. Arnica 200 Lachesis 200</li> <li>2. Carbo Veg 30</li> <li>3. Cretequs Q</li> </ol>	
Fast Heartbeat (Tachycardia)	<ol style="list-style-type: none"> <li>1. Naja 30 Aconite 30</li> <li>2. Cretequs Q</li> </ol> <p><b>Or</b></p> <ol style="list-style-type: none"> <li>1. Arsenic 30 Carbo Veg 30</li> <li>2. Cresote 30 Mag Phos 6x Kali Phos 6x</li> </ol>	Use only one set. Each set all Together.
Irregular Heartbeat (arythmia)	<ul style="list-style-type: none"> <li>• Naja 30</li> <li>• Carbo Veg 30</li> <li>• Arsenic 30</li> </ul>	Two to three times a day. All Together.
To Strengthen Heart Muscle	<ol style="list-style-type: none"> <li>1. Spongia 3- Cimifuga 30 Mag Phos 30 Kali Carb 30</li> <li>2. Cretecus Q</li> </ol>	No: 1 all Together.
Enlarged Heart Causing Congestion of Lungs Due to Back Pressure	<ol style="list-style-type: none"> <li>1. Arnica 200 Rhus Tox 200</li> <li>2. Sulphur 200 Bacillinum 200</li> <li>3. Cretequs Q</li> </ol>	Use No: 1 in the morning and No: 2 & 3 in the evening.
Enlarged Heart	<ul style="list-style-type: none"> <li>• Arnica 200</li> <li>• Rhus Tox 200</li> <li>• Cimifuga 30</li> <li>• Spongia 30</li> <li>• Aconite 30</li> </ul>	
Fluid in the Lungs	<ol style="list-style-type: none"> <li>1. Bryonia Sulphur</li> <li>2. Berberis Q Cardos Marinus Q Cretecus Q</li> </ol> <p><b>Or</b> See next page</p>	Use 10 drops each in water, 3 times a day  Use once a week

Symptoms	Homeopathy Remedies	Usage
	1. Calc Flour 1000 Conium 1000 2. Sulphur 200 - alternate once a week with Arsenic 200	
Kidney Remedy	<ul style="list-style-type: none"> <li>• Cuprum 30</li> <li>• Terbenthina 30</li> </ul> } <ul style="list-style-type: none"> <li>• Berberis Q 10-15 drops a in water</li> <li>• Alserum 1x or 30x add 1-2 drops in water</li> <li>• Prerabrava 10-15 drops in water</li> </ul>	Each set three times a day
Failed Kidneys, No Urine Formation	<ul style="list-style-type: none"> <li>• Kali Mur Q</li> <li>• Nat. Mur Q</li> <li>• Kali Phos Q</li> <li>• Silicia Q</li> <li>• Prera Brava Q</li> <li>• Berberis Q</li> </ul> }	
Kidney Stones	1. Silicia 6x Kali Phos 6x Mag Phos 6x Calc Flour 6x 2. Berberis Q	Each set all Together.
Enlarged Spleen	Cyanthis Americanus 1x to 3x	Three times a day
Liver and Spleen Both Enlarged	<ul style="list-style-type: none"> <li>• Sulphur 200</li> <li>• Calc Carb 30</li> </ul>	
Liver Cancer	<ul style="list-style-type: none"> <li>• Bryonia 200</li> <li>• Sulphur 30</li> <li>• Cardus Marinus Q</li> </ul>	
Liver and Kidney Failure with Ascites (Fluid in the Belly)	<ul style="list-style-type: none"> <li>• Sulphur 200</li> <li>• Cardus Marinus Q</li> <li>• Berberis Q</li> </ul> }	



Symptoms	Homeopathy Remedies	Usage
Gall Bladder Pain	<ol style="list-style-type: none"> <li>Natrum Sulph 30 Mag Phos 6x Calc Phos 6x Ferrum Phos 6x</li> <li>Nux Vomica 30 Belladonna 30</li> </ol>	Use No: 1 and if not better then use No: 2
Stones in Gall Bladder	<ul style="list-style-type: none"> <li>Natrum Sulph 200</li> <li>Ferrum Phos 6x</li> <li>Mag Phos 6x</li> <li>Kali Phos 6x</li> <li>Calc Flour 6x</li> </ul>	
Gall Bladder stone	<ol style="list-style-type: none"> <li>Nat. Sulph 30 alternate with Calc Phos 30</li> <li>Mag Phos 30</li> </ol>	Use No: 1 and if pain persists then start No: 2
Spontaneous Continuous Bleeding From the Mouth, Nose or in Urine	<ol style="list-style-type: none"> <li>Millifolium 30 Phosphorous 30 Silicia 6x Ferrum Phos 6x Kali Phos 6x Calc Phos 6x or</li> <li>Anthracinum 200 Arnica 200</li> </ol>	Use only one set
Spitting Blood	<ul style="list-style-type: none"> <li>Bacillinum 200</li> <li>Bryonia 200</li> <li>Sulphur 30</li> </ul>	
Bleeding From the Mouth	<ol style="list-style-type: none"> <li>Phosphorous 1000</li> <li>Millifolim 1000</li> </ol>	Use No: 1 for first 15 days then use No: 2 for next 15 days
Bleeding Which Does Not Stop	Phosphorous 1000	Repeat in 10 days and repeat every 10 days, a few times as needed
Narrowing of Arteries Due to Diabetes	<ol style="list-style-type: none"> <li>Arnica 1000</li> <li>Psoranium 1000</li> </ol>	Use No: 1 followed by No: 2 in a few days

Symptoms	Homeopathy Remedies	Usage
High Blood Cholesterol	<ul style="list-style-type: none"> <li>• Cholestrinum 30</li> <li>• Phytolacca 30</li> <li>• Phosphorous 30</li> </ul>	All Together.
Bleeding Stomach Ulcer (Hematemesis)	<ul style="list-style-type: none"> <li>• Mer Sol 1000</li> <li>• Bryonia 200</li> <li>• Arnica 200</li> <li>• Colocynth 30</li> <li>• Phosphorous 30</li> <li>• Mag Phos 30</li> </ul>	Once a week
Indigestion	Mentha Piererita Q	

### Remedies for Headache, Vertigo, Head, and Eye

Cyst in the Eye (Stye/Chalazion)	<ul style="list-style-type: none"> <li>• Arnica 200</li> <li>• Lachesis 200</li> <li>• Calc Flour 6x</li> <li>• Silicia 6x</li> <li>• Kali Phos 6x</li> <li>• Ferrum Phos 6x</li> </ul>	
Watering Eye	Sulphur 200 alternate with Rhus Tox	Once a week
Itchy Red Eyes	Hepar Sulph30	
Itchy, Burning Watering Eyes	<ul style="list-style-type: none"> <li>• Belladonna 30</li> <li>• Apis Mellifica 30</li> </ul>	All Together.
Ailing Eye	<ol style="list-style-type: none"> <li>1. Arnica 200 Lachesis 200 Ledum 200</li> <li>2. Sulphur 200 Belladonna 200</li> </ol>	Each set two to three times a week alternatively.
Feeling of Air Blowing in the Eyes -Associated with Heavy Headedness	<ul style="list-style-type: none"> <li>• Aconite 200</li> <li>• Sulphur 200</li> </ul>	Once a day for a few days. All Together.
Dark Halos Around the Eyes	<ol style="list-style-type: none"> <li>1. Arsenic 200 or or</li> <li>2. Silicia 6x Ferrum Phos 6x Natrum Mur 6x Kali Phos 6x</li> </ol>	Use No: 1 or all of No: 2 No: 2 all together

Symptoms	Homeopathy Remedies	Usage
Eyebrow Hair Falling	<ul style="list-style-type: none"> <li>• Bacillinum 200</li> <li>• Nat. Mur 200</li> <li>• Tuccum 30</li> <li>• Picric Acid 30</li> </ul>	
Hair Lodged in Eye	<ol style="list-style-type: none"> <li>1. Arnica 1000</li> <li>2. Silica 1000</li> </ol>	Use No: 1 once a week for 4 weeks and No: 2 once every 2 weeks
Headache (Migraine) With Strain on Eyes and Neck Muscle	<ol style="list-style-type: none"> <li>1. Onosmodium 200</li> <li>Gelsemium 200</li> <li>Lachesis 200</li> <li><b>Or</b></li> <li>2. Gelsemium 200</li> <li>Ruta 200</li> <li>Onosmodium 200</li> <li>Millefolium 30</li> <li>Mag Phos 30</li> <li>Cimifuga 30</li> <li><b>Or</b></li> <li>3. Bryonia 30</li> <li>Gelsemium 30</li> <li>Nat. Mur 30</li> <li><b>Or</b></li> <li>4. Glonine 30</li> <li>Gelsemium 30</li> <li>Nat. Mur 30</li> </ol>	Use only one set twice a day during the attack. Each set all Together.
Headache Caused by Scratching the Eyes	<ul style="list-style-type: none"> <li>• Sulphur 200</li> <li>• Belladonna 200</li> </ul>	All together.
Global Headache (Entire Head)	<ul style="list-style-type: none"> <li>• Belladonna 200</li> <li>• Gelsemium 200</li> <li>• Arsenic 200</li> </ul>	Use at night daily for a few days. All together.
Headache on One Side, Temple, Eye and Neck Muscles (migraine)	<ul style="list-style-type: none"> <li>• Bryonia 200</li> <li>• Arnica 200</li> <li>• Benzoic Acid 30</li> <li>• Cardus Marinius Q</li> </ul>	
Pain Behind Left Ear	<ul style="list-style-type: none"> <li>• Arnica 200</li> <li>• Lachesis 200</li> </ul>	All together.

Symptoms	Homeopathy Remedies	Usage
Head Hurting While Doing Reading	1. Belladonna 30 Millefolium 30  2. Nat. Mur 6x Mag Phos 6x	Use No: 1 and if not better then use No: 2. Each set all Together.
Restlessness and Mental Anguish	<ul style="list-style-type: none"> <li>• Nux Vomica 200</li> <li>• Sulphur 30</li> </ul>	
Mental Pressure	<ul style="list-style-type: none"> <li>• Sulphur 200</li> <li>• Aconite 200</li> <li>• Kali Phos 6x</li> <li>• Mag Phos 6x</li> <li>• Calc Phos 6x</li> </ul>	
Brain Hemorrhage	Opium 1000	Once a month
Hydrocephalus (excessive fluid around the brain)	<ul style="list-style-type: none"> <li>• Sulphur 200</li> <li>• Belladonna 200</li> <li>• Apis 30</li> </ul>	2-3 times a week re-evaluate after 2 weeks
Toothache	<ul style="list-style-type: none"> <li>• Ferrum Phos 6x</li> <li>• Calc. Flour 6x</li> <li>• Silicia 6x</li> <li>• Kali Phos 6x</li> </ul>	All together
Pain After Tooth Extraction	<ul style="list-style-type: none"> <li>• Mag Phos 6x</li> <li>• Silicia 6x</li> <li>• Kali Phos 6x</li> </ul>	All together
Pyrrhoea (Pus in the Gums)	<ul style="list-style-type: none"> <li>• Merc Sol 30</li> <li>• Cresotum 30</li> </ul>	All together
Inflammation of Gums with Pus Formation	<ul style="list-style-type: none"> <li>• Merc Sol 200</li> <li>• Carbo Veg 6x</li> <li>• Kali Phos 6x</li> </ul>	
Bad Gums (Gingivitis)	<ul style="list-style-type: none"> <li>• Merc Sol 1000</li> <li>• Psorianum 100</li> </ul>	Once a week for 3-4 weeks, maybe repeated after a gap of one week
Cavity in Molar Teeth	<ul style="list-style-type: none"> <li>• Silicea 6x</li> <li>• Kali Mur 6x</li> <li>• Calc Flour 6x</li> <li>• Ferrum Phos 6x</li> </ul>	All together

Symptoms	Homeopathy Remedies	Usage
Weak Eyesight at Night, Better During the Day	Lycopodium CM	Only one dose
Bright Sunlight Irritating the Eye	Graphitus 200	
Itching over the Head	Glonine 30	
Weak Muscles at the Back of the Head	Agaricus 30	
Tense and Tight Muscles of Neck, Shoulder, Temple	1. Citcuta Virosa 30 Cocus Cacti 30  2. Belladonna 30 Cuprum 30	Use No: 1 three (3) to four (4) time a day. If not better then use No: 2. Each set all Together.
Neck Muscles Stiff/Pulled	<ul style="list-style-type: none"> <li>• Gelsemium 200</li> <li>• Belladonna 200</li> <li>• Mag Phos 6x</li> <li>• Kali Phos 6x</li> <li>• Calc Phos 6x</li> </ul>	
Warts on the Neck	<ul style="list-style-type: none"> <li>• Thuja 200</li> <li>• Causticum 30</li> </ul>	
Dizziness	<ul style="list-style-type: none"> <li>• Carbo Veg 30</li> <li>• Ferrum Phos 6x</li> <li>• Kali Phos 6x</li> </ul>	
Squint	Stramonium 200	Once a week
Glaucoma	1. Arnica 200 Belladonna 200 Bacillinum 200 2. Sulphur 200  3. Calc Flour 6x Kali Phos 6x	Alternate No: 1 with No: 2
Pain in the Eye and Loss of Sight	<ul style="list-style-type: none"> <li>• Zinc Sulph 200</li> <li>• Gelsemium 200</li> <li>• Calc Phos 6x</li> <li>• Kali Phos 6x</li> </ul>	
Dropping Eyelid of Right Eye and	Causticum 1000	Once a week

Symptoms	Homeopathy Remedies	Usage
Headache		
Peel in the Eye Causing Loss of Vision	1. Apis 30 Hypericum 30 Staphysagria 30 2. Arnica 1000	Use No: 1 all together. Use No: 2 once every 10 days
Eye Problems	1. Graphitus 200 Belladonna 200 Gelsemium 200 2. Calc Flour 6x Kali Phos 6x Silicea 6x	Each set all Together.
Stye and Itching of Eyelids (Trachoma)	• Merc Sol 200 alternative with Sulphur 200	
Weak Near Vision	• Zinc Sulph • Calc Phos 30 • Kali Pos 30 • Ruta 30	Use twice a week
Weak Eyesight, Weak Memory and Graying of Hair	Acid Phos 30	
Graying of Hair in Young Age	Psorinum 1000	Once every 10 days
Hair Falling and Weak Memory	• Ignacia 30 • Acid Phos 30	Use twice a day. All together
Rapid, Excessive Hair Falling	1. Bacillinum 200 Graphitus 200 Acid Phos 30 Or 2. Bacillnum 200 Nat. Mur 30 Tucurum 30	Use one set at a time
Bunch of Hair Getting Uprooted	• Bacillinum 200 • Natrum Mur 30 • Teucrum 30 • Picric Acid 30	

Symptoms	Homeopathy Remedies	Usage
Total Loss of Hair	<ul style="list-style-type: none"> <li>• Syphilinum CM</li> <li>• Picric Acid 200</li> <li>• Tucurum 200</li> </ul>	One dose
Excessive Sleep/Falling Asleep While Studying	<ul style="list-style-type: none"> <li>• Kali Bichromate 200</li> <li>• Ferrum Phos 6x</li> </ul>	Once a week  Three times a day
Loss of Sleep/Difficulty Going to Sleep After Being Awakened	<ul style="list-style-type: none"> <li>• Passiflora Q</li> </ul> <p><b>Or</b></p> <ul style="list-style-type: none"> <li>• Arsenic 30</li> </ul>	
To Enhance Memory	<ol style="list-style-type: none"> <li>1. Kali Phos 6x</li> <li>2. Sulphur 200</li> </ol>	Use No: 1 Once a week for 3 weeks and if not effective then use No: 2
Intractable Headache	<ul style="list-style-type: none"> <li>• Cuprum 30</li> <li>• Nux Vomica 30</li> <li>• Passiflora Q</li> </ul>	
Weak Eyesight	<ol style="list-style-type: none"> <li>1. Silicia 200 Natrium Mur 6x Kali Phos 6x</li> </ol> <p><b>Or</b></p> <ol style="list-style-type: none"> <li>2. Gelsemium 200 Zincum Metallicum 200 Calc Phos 6x Kali Phos 6x Silicea 6x</li> </ol>	Use one set at a time
Weak Distant Vision	<ul style="list-style-type: none"> <li>• Kali Phos 6x</li> <li>• Calc Phos 6x</li> <li>• Mag Phos 6x</li> </ul>	
Cataract	<ul style="list-style-type: none"> <li>• Zinc Sulph 30</li> <li>• Calc Flour 6x</li> <li>• Mag Phos 6x</li> </ul>	
Glaucomatous Cataract	<ul style="list-style-type: none"> <li>• Gelsemium 200 alternative with Zinc Sulph 200</li> </ul>	Twice daily for 2 days, then once a day for 3-4 days after that once a week

Symptoms	Homeopathy Remedies	Usage
Loss of Vision in Central Area (While Peripheral Vision is Normal)	<ul style="list-style-type: none"> <li>• Silicia 6x</li> <li>• Kali Phos 6x</li> </ul>	All together
Blinding of Eye and Pain	<ul style="list-style-type: none"> <li>• Arnica 200</li> <li>• Natrum Sulph 200</li> </ul>	
Infection of Eye with Pus Formation	<ul style="list-style-type: none"> <li>• Psorinum 1000</li> <li>• Merc Sol 200</li> </ul>	

### Remedies for Cancer and Clot Formation

Cancer	<p><u>Set No: 1</u></p> <ol style="list-style-type: none"> <li>1. Arnica 200 Bryonia 200</li> <li>2. Sulphur 30</li> <li>3. Carcinosis 30</li> <li>4. Condurango 1x or Q</li> <li>5. Carduus Marinius Q</li> <li>6. Ferrum Phos 6x Kali Mur 6x Calc Flour 6x Kali Phos 6x Mag Phos 6x</li> </ol> <p><b>Or</b></p> <p><u>Set No: 2</u></p> <ul style="list-style-type: none"> <li>• Bryonia 200</li> <li>• Thuja 200</li> <li>• Arsenic 30</li> <li>• Kali Mur 6x</li> <li>• Calc Flour 6x</li> <li>• Silicea 6x</li> <li>• Ferrum Phos 6x</li> </ul>	<p>Choose between Set No: 1 or Set No: 2. No: 1 – once daily</p> <p><u>For set No: 1</u> Use No: 1 three times a day; No: 3 twice a week; No: 4 one drop in water, twice a day to start with then once a day and then twice a week; No: 5 use 10 to 15 drops in water, 4 times a day; No: 6 three times a day.</p> <p>Use Set No: 2 twice a week</p>
Cancer of the Nose	<ul style="list-style-type: none"> <li>• Silicea CM</li> <li>• Calc Flour CM</li> </ul>	One dose of each



Symptoms	Homeopathy Remedies	Usage
Bone Cancer	Arsenic 200	Twice a week
	Phosphorous 30	3-4 times a day
Skin Cancer	1. Rhus Tox 1000 2. Radium Bromide 30	No: 1 - once a week No: 2 – three to four times a day
Bone Disease like Cancer	<ul style="list-style-type: none"> <li>• Phosphorus 1000</li> <li>• Bacillinum 1000</li> </ul>	Use just one dose. All together
Cancer of the Urinary Bladder	1. Arsenic 200 Phosphorous 30     } Mille Folium 30   } Ferrum Phos 6x    } Silicea 6x           } Kali Mur 6x         } Calc Flour 6x       } <b>Or</b> 2. Psorinum 1000 3. Silicea 1000     } Calc Flour 1000   }	Alternate 2 and 3 once a week with
Cancer of the Abdomen	<u>Set: 1</u> 1. Condurango Q   2. Conium 30   <b>Or</b> <u>Set: 2</u> 1. Bryonia 200 Bacillinum 200 Cytophyllum 200 2. Calc Flour 6x Ferrum Phos 6x Kali Mur 6x Kali Phos 6x	Use one drop in a cup of water, 3 times a day;   Use No: 2 once a day before going to sleep.   Use No: 1 twice a week. All together.  Use No: 2 two to three times a day.

Symptoms	Homeopathy Remedies	Usage
Cancer of the Rectum	Set: 1 1. Sulphur 200 } 2. Silicea 6x } Calc Flour 6x } Or Set: 2 1. Carcinosin 30 } 2. Condurango Q } 3. Ferrum Phos 6x } Kali Mur 6x } Silicea 6x } Calc Flour 6x }	Use one set. Set 1, No: 1 - twice a week, No: 2 three times a day.  Set 2, No: 1 twice a week, No: 2 and 3 - three times a day.
Cancer of the Liver	1. Bryonia 200 } 2. Sulphur 30 } 3. Cardus Marinus Q } Chelidonium Q } 4. Lycopodium 1000 }	No: 1 - once daily for a few days, No: 3 diluted in water – 3 times a day, No: 4 once a week
Cancer of the Uterus	<ul style="list-style-type: none"> <li>• Thuja 200 }                             <ul style="list-style-type: none"> <li>• Bryonia 200 }                                     <ul style="list-style-type: none"> <li>• Arsenic 30 }   <ul style="list-style-type: none"> <li>• Ferrum Phos 6x }   <ul style="list-style-type: none"> <li>• Calc Flour 6x }   <ul style="list-style-type: none"> <li>• Kali Mur 6x }   <ul style="list-style-type: none"> <li>• Silicea 6x }   </li> </ul> </li> </ul> </li> </ul> </li> </ul> </li> </ul> </li> </ul> </li></ul>	
Advanced Cancer	<ul style="list-style-type: none"> <li>• Calc Flour CM</li> <li>• After 10 days, use: Silicea CM</li> </ul>	Just one dose of each.
Fistula/Sinus/Chronic Ulcer	1. Psorinum 1000 2. Kali Iodide 200	No: 1 – once a week for a few weeks, No: 2 – two to three times a week
Another Prescription for Tumors	<ul style="list-style-type: none"> <li>• Bacillinum 200 }                             <ul style="list-style-type: none"> <li>• Baryta Carb 200 }                                     <ul style="list-style-type: none"> <li>• Belladonna 200 }   <ul style="list-style-type: none"> <li>• Calc Flour 6x }   <ul style="list-style-type: none"> <li>• Silicea 6x }   <ul style="list-style-type: none"> <li>• Kali Phos 6x }   </li> </ul> </li> </ul> </li> </ul> </li> </ul> </li> </ul> </li></ul>	

Symptoms	Homeopathy Remedies	Usage
Brain Tumor	<ul style="list-style-type: none"> <li>• Arsenic 200 alternative at night with Phosphorous 200</li> <li>• Kali Phos 6x</li> <li>• Calc Flour 6x</li> <li>• Calc Phos 6x</li> <li>• Mag Phos 6x</li> <li>• Silicea 6x</li> </ul>	Daily
Tumor of the Spine (Backbone)	Calc Flour 1000 alternate with Bacillinum 1000	First every 2-3 days then every week.
Tumor in the Abdomen	<ol style="list-style-type: none"> <li>1. Cylophyllum 200 Podophyllum 200 Sulphur 200</li> <li>2. Ferrum Phos 6x Silicea 6x Kali Phos 6x Calc Flour 6x</li> </ol>	<p>No: 1 – two to three times a week.</p> <p>No: 2 – two to three times a day</p>
Tumor in the Urinary Bladder	<ol style="list-style-type: none"> <li>1. Psorinum 1000</li> <li>2. Calc Flour 6x Silicea 6x Kali Phos 6x</li> </ol>	No: 1 every 10 days (3 doses), No: 2 – two to three times a day
Fibroids in the Uterus	<ul style="list-style-type: none"> <li>• Sulphur 200</li> <li>• Bryonia 200</li> <li>• Belladonna 200</li> <li>• Podophyllum 200</li> <li>• Colophyllum 200</li> <li>• Ferrum Phos 6x</li> <li>• Calc Flour 6x</li> <li>• Kali Mur 6x</li> <li>• Silicea 6x</li> </ul>	

Symptoms	Homeopathy Remedies	Usage
Non-Healing Wound/Ulcer With Pain	1. Kali Hydroiodide 200 } Antimonium Crude 30 } Or 2. Arsenic 30 Alternated with Phosphorous 30	Use only one Set 1: three to four times a day
Another Remedy for Tumors	1. Sulphur 200 2. RhusTox 200 3. Phosphorous 30 4. Calc Phos 6x } Ferrum Phos 6x } Kali Phos 6x } Silicea 6x } 5. Bryonia 200 alternate with Arnica 200 6. Nux Vomica 30	No: 1 daily in the morning; No: 2 & 3 daily in the evening; No: 4 – three times a day; both in evening and morning. No: 5 – two to three times a week; No: 6 – daily, morning a evening.
Blood Cancer	1. Arsenic 30 2. Phosphorous 30 3. Ferrum Phos 6x } Kali Phos 6x } Calc Phos 6x } Nat. Mur 6x } Silicea 6x }	No: 1 - three times a day once, No: 2 - before bedtime, No: 3 – three times a day.
Throat Cancer	1. Arsenic 200 2. Phosphorous 30	No: 1 – two to three times a week; No: 2 - three times a day
Cancer of Liver/Breast	1. Sulphur 200 } Bryonia 200 } Lycopodium 200 } 2. Carcinosis 30 3. Mag Phos 6x } Kali Mur 6x } Kali Phos 6x } Silicea 6x } Ferrum Phos 6x }	
Cancerous Glands	<ul style="list-style-type: none"> <li>• Phosphorus 30</li> <li>• Carcinosis 30</li> </ul>	All Together.

Symptoms	Homeopathy Remedies	Usage
Multiple Nodules/ Tumors in the Body	<ul style="list-style-type: none"> <li>• Baryta Carb 200</li> <li>• Calc Flour 6x</li> <li>• Kali Mur 6x</li> <li>• Mag Phos 6x</li> <li>• Silicea 6x</li> <li>• Nat. Mur 6x</li> </ul>	
Nodules Under the Foot	<ul style="list-style-type: none"> <li>• Baryta Carb 200</li> <li>• Arnica 200</li> </ul>	2-3 times a week. All together
<b>Remedies for Infections and clots</b>		
Pus in the Urine	<ul style="list-style-type: none"> <li>• Pariera Brava Q</li> <li>• Ferrum Phos 6x</li> <li>• Kali Phos 6x</li> <li>• Silicea 6x</li> </ul>	
To Promote Early Healing of the Operation Wound	<ul style="list-style-type: none"> <li>• Hypericum 30</li> <li>• Symphytum 30</li> <li>• Staphysagria 30</li> </ul>	Two to three times a day. All together.
Infections	<ul style="list-style-type: none"> <li>• Pyrogenym 200</li> <li>• Sulphur 200</li> </ul>	All together.
Bone Infection	<ul style="list-style-type: none"> <li>• Calc Flour 1000</li> <li>Alternate with</li> <li>• Phosphorous 1000</li> </ul>	Once weekly
Chronic Infection of the Finger	<ul style="list-style-type: none"> <li>• Rhus Tox 1000</li> <li>• Silicea 6x</li> <li>• Kali Phos 6x</li> <li>• Nat. Mur 6x</li> </ul>	
Blood Clots in the Left Side of Brain Causing Unconsciousness	<ul style="list-style-type: none"> <li>• Arnica 1000</li> <li>• Silicea 6x</li> <li>• Calc Phos 6x</li> <li>• Kali Phos 6x</li> <li>• Ferrum Phos 6x</li> </ul>	
Excessive Urination	Equisetum 30	3 times a day
Bed Wetting	<ul style="list-style-type: none"> <li>• Equisetum 30</li> <li>• Natrum Mur 6x</li> <li>• Kali Phos 6x</li> </ul>	

Symptoms	Homeopathy Remedies	Usage
Urinary Obstruction	1. Kali Mur 6x Natrum Mur 6x Kali Phos 6x Silicea 6x 2. Pariera Brava Q Barberis Q	
Young Girl Having Difficulty Urinating	1. Cantharis 30 2. Mercurios Cor CM	No: 2 - Just one dose
Crystals in Urine	<ul style="list-style-type: none"> <li>• Lycopodium 200</li> <li>• Belladonna 200</li> </ul>	All together
Sore in the Urethra -urine mixed with blood and pus	1. Merc Cor CM 2. Ferrum Phos 6x Kali Phos 6x Silicea 6x 3. Pariera Brava Q	No: 1 - Just one dose
Urinary Incontinence Due to Infection	Pariera Brava Q	
Urinary Infection (Urine Smelly and Burning)	1. Arsenic 200 Thuja 200 Belladonna 200 2. Silicea 6x Kali Mur 6x 3. Pariera Brava Q	
Excessive, Frequent Urination	<ul style="list-style-type: none"> <li>• Gelsemium 200</li> <li>• Arsenic 200</li> <li>• Aconite 6x</li> <li>• Belladonna 6x</li> <li>• Natrum Phos 6x</li> </ul>	

### Remedies for Nose Bleed, Hernia, Epilepsy, and Facial Palsy

Facial Palsy (Right Sided Occurring in Dry Cold Weather)	Causticum 1M (1000)	Once a week for a few weeks.
Hemiplegia (Paralysis of One Side of the Body)	<ul style="list-style-type: none"> <li>• Rhus Tox 200</li> <li>Alternated with:</li> <li>• Sulphur 200</li> </ul>	Every 3-4 days and then once a week

Symptoms	Homeopathy Remedies	Usage
Right Sided Face Paralysis (Palsy)	<ul style="list-style-type: none"> <li>• Causticum 200</li> <li>• Lycopodium 200</li> </ul>	Once a week
Left Sided Face Paralysis	<ul style="list-style-type: none"> <li>• Gelsemium 200</li> <li>• Cadmium Sulph 200</li> <li>• Silicea 6x</li> <li>• Mag Phos 6x</li> <li>• Kali Phos 6x</li> </ul>	
Left Sided Paralysis of the Body	<ol style="list-style-type: none"> <li>1. Gelsemium 200</li> <li>2. Mag Phos 6x</li> <li style="padding-left: 20px;">Kali Phos 6x</li> <li style="padding-left: 20px;">Calc Phos 6x</li> </ol>	
Hydrocele	<ol style="list-style-type: none"> <li>1. Rhus Tox 200</li> <li>2. Sulphur 200</li> </ol>	Use No: 1 twice a week in the morning and No: 2 in the evening – twice a week, for a few weeks.
Feeling of Numbness in Lower Half of Body	Conium 100	Once a week for 2-3 weeks
Melancholy (Crazy)	Nux Moschata 30	
Gangrene (Lack of Blood Circulation to the Legs)	<ol style="list-style-type: none"> <li>1. Arnica CM</li> <li>2. Silicea CM</li> <li>3. Arsenic 30</li> </ol>	Use No: 1 for a week then after a week use No: 2. Repeat this cycle after 15 days. After one cycle, continue taking No: 1 once every month. Discontinue No: 2. No: 3 – three times a day
Asthma	<ol style="list-style-type: none"> <li>1. Arsenic 30</li> <li style="padding-left: 20px;">Ipecac 30</li> <li style="padding-left: 20px;">Kali Phos 30</li> </ol> <p><b>Or</b> See next page</p>	Use one set

Symptoms	Homeopathy Remedies	Usage
	2. Ipecac 30 Arsenic 30 Carbo Veg 30 Antimony Tart 30 } Or Natrum Sulph 200 Natrum Mur 6x Ferrum Phos 6x Kali Phos 6x Silicea 6x } If condition doesn't improve, then Use... Carbo Veg 6x Arsenic 6x Ipecac 6x } Or 3. Ipecac 30 Nux Vomica 30 Colocynth 30 Creosotum 30 Mag Phos 30 }	
Shortness of Breath	<ul style="list-style-type: none"> <li>• Nux Vomica 30</li> <li>• Colocynth 30</li> <li>• Carbo Veg 30</li> <li>• Belladonna 30</li> <li>• Mag Phos 30</li> </ul>	Three times a day. All together.
Home Remedy for Asthma	<ul style="list-style-type: none"> <li>• Clean one chicken gizzard well. Use the thick lining membrane, dry it and then grind it. Use ¼ of the powder and mix it with honey.</li> </ul>	Once a week
Asthma	Hydrocyanic Acid 6x	3 times a day



Symptoms	Homeopathy Remedies	Usage
Shingles	1. Gelsemium 2000 } Zinc Metallicum 200 } Ferrum Phos 6x } Kali Phos 6x } Mag Phos 6x } Kali Mur 6x or } 2. Arnica 200 } Ledum 200 } Arsenic 200 }	Use one set
AIDS	1. Psorinum CM 2. Syphlinum CM 3. Pyrogenum CM 4. Silicea 6x } Kali Mur 6x } Ferrum Phos 6x } 5. Pyrogenum 200	Repeat No: 1 after 2 weeks; Repeat No: 2 in 2 weeks; Use No: 4 three times a day; use No: 5 only if high fever
Tremors	<ul style="list-style-type: none"> <li>• Gelsemium 200</li> <li>• Agaricus 30</li> </ul>	
Body Feeling Numb	1. Lachesis 200 } Ledum 200 } Or 2. Arnica 1000 } Belladonna 1000 }	Use only one set; Second dose in 15 minutes, after that once a week
Numbing of the Upper Limb (Arm, Forearm)	<ul style="list-style-type: none"> <li>• Silicea 6x</li> <li>• Calc Phos 6x</li> <li>• Calc Flour 6x</li> <li>• Kali Phos 6x</li> </ul>	Two to three time s day. All together.
Hernia	1. Arnica 200 } Rhus Tox 200 } Calc Flour 6x } Mag Phos 6x } If not better, then: 2. Sulphur 200 } Bryonia 200 } Causticum 200 } Podophyllum 30 } Belladonna 30 } Or	

Symptoms	Homeopathy Remedies	Usage
	3. Croton 1000 alternate once a week with Sulphur 1000 Canthris 30 } Nat. Mur 30 } Hepar Sulph 30 }	
Epilepsy	1. Nux Vomica 30 Artesmasia Q <b>Or</b> 2. Cuprum 30 Artesmasia Q <b>Or</b> 3. Cuprum 30 } Belladonna 30 } Artemasia Q } Passiflora Q } <b>Or</b> 4. Hydrocynaic Acid 6x } Calc Arsenic 6x } Oebabthe Crocata 6x } Absinthemum x6 } Passiflora Q } Earthenia Q }	Use only set - 3 times a day.
Jaundice/Hepatitis	<ul style="list-style-type: none"> <li>• Bryonia 200 }                      • Sulphur 200 }                      • Carus Marinus Q }</li> </ul>	
Jaundice with Fever If body is cold	<ul style="list-style-type: none"> <li>• Sulphur 200 }                      • Bryonia 200 }                      • Cardus Marinus Q }</li> </ul>	3 times a day
Fever is high but body feels cold	<ul style="list-style-type: none"> <li>• Gelsemium 200 }                      • Lycopodium 200 }                      • Cardus Marinus Q or                      Lupulus 30 }</li> </ul>	3 times a day

Symptoms	Homeopathy Remedies	Usage
Nose Bleeds	1. Phosphorous 30 Millifolium 30 } <b>Or</b> 2. Millifolium 30 Ferrum Phos 6x Natrum Mur 6x }	Twice a day
Hemorrhoids	• Millifolium 30 • Belladonna 30 • Aconite 30 }	
Piles (Bleeding or Not)	1. Sulphur 200 Nux Vomica 30 <b>Or</b> 2. Psorinum 200 Bacillinum 200 } 3. Phosphorous 30 alternate with Arsenic 30	Use one set only. Set 1: Once a day for 4-5 days, then once a week. Set 2: Once a day for 4-5 days, then once a week. No: 3 - use for 10 days, then re- evaluate
Tuberculosis (TB)	Bacillinum 200	Repeat in 1 week
	Bacillinum 1000	Repeat in 2 weeks
	Bacillinum 10000	Repeat in 1 month
	Bacillinum 50000	Repeat in 3 month
	Bacillinum CM	Repeat in 6 month
	Calc Carb	Three times a day, all along
TB of the Bones	• Bacillinum 200 • Bryonia 200 • Phosphorous 30 }	
Relapse of TB	• Merc Sol 200 • Bacillinum 200 • Kali Carb }	
Polio	Rhus Tox 200 Alternate with Sulphur 200	Twice a week
Piles (No bleeding)	• Sulphur 30 • Belladonna 30 • Nux Vomica 30	Twice a day. All together.

Symptoms	Homeopathy Remedies	Usage
<b>Remedies for Ear, Nose, Mouth, Diabetes, and Blood Pressure</b>		
To Improve Hearing	<ul style="list-style-type: none"> <li>• Kali Phos 6x</li> <li>• Ferrum Phos 6x</li> <li>• Calc Phos 6x</li> </ul>	All together.
Wax in the Ear	<ol style="list-style-type: none"> <li>1. Psorinum 200</li> <li>2. Ferrum Phos 6x Kali Mur 6x Kali Sulph 6x Silicia 6x</li> </ol>	
Earache	<ol style="list-style-type: none"> <li>1. Pulsatilla 200 Belladonna 200</li> <li>2. Mag Phos 6x Kali Sulph 6x Ferrum Phos 6x Kali Mur 6x</li> </ol>	
Deaf and Dumb	Sulphur 1000	Use one dose and then re-evaluate
Hard of Hearing	<ul style="list-style-type: none"> <li>• Kali Phos 6x</li> <li>• Natrum Mur 6x</li> </ul>	All together
Foul Smelling Discharge from Ear	<ol style="list-style-type: none"> <li>1. Psorinum 1000</li> <li>2. Silicea 6x Kali Mur 6x</li> </ol>	
Ruptured Ear Drum	<ul style="list-style-type: none"> <li>• Silicea 30</li> <li>• Arnica 30</li> </ul>	All together
Chronic Sore in the Mouth(Over the Jaw Bone)	<ol style="list-style-type: none"> <li>1. Hekllava 200</li> <li>2. Carcinosisin 30</li> <li>3. Silicea 6x Kali Mur 6x Ferrum Phos 6x</li> </ol>	Once a week

Symptoms	Homeopathy Remedies	Usage
Blisters in the Mouth	1. Kali Mur 6x Calc Phos 6x Ferrum Phos 6x Silicea 6x } <b>Or</b> 2. Arsenic 200 Pyrogenum 200 } <b>Or</b> 3. Borax 30	3 times a day
Stuffy Nose	<ul style="list-style-type: none"> <li>• Sulphur 200</li> <li>• Bryonia 200</li> </ul>	Once a week. All together
Stuffy Nose with Mild Cough	<ul style="list-style-type: none"> <li>• Belladonna 30</li> <li>• Nux Vomica 30</li> </ul>	All together
Stuffy and Runny Nose	<ul style="list-style-type: none"> <li>• Nux Vomica 1000</li> </ul>	Repeat in 10 days and again in 10 days; 3 doses in total
Nose Swollen With Sore Inside	<ul style="list-style-type: none"> <li>• Natrum Carb 30</li> </ul>	
Nasal Polyps	1. Thuja 200 Typhoidenum 200 } If not better, then Use: 2. Baryta Carb 200 Calc Flour 6x Kali Phos 6x Silicea 6x }	
Thickening of Bone of the Nose	<ul style="list-style-type: none"> <li>• Sulphur 30</li> <li>• Hekla Lava 30</li> </ul>	All together
Allergy Causing Nasal Stuffiness and Difficulty to Breathe From News	Nux Vomica 1000	Once a week
Thickened Bone Causing Nasal Blockage	<ul style="list-style-type: none"> <li>• Nux Vomica 1000</li> <li>• Sulphur 30</li> <li>• Hecla Lava 30</li> </ul>	Repeat in 10 days and again in 10 days

Symptoms	Homeopathy Remedies	Usage
Nose Blocked and Glasses Hurt the Nose	<ul style="list-style-type: none"> <li>• Bacillinum 200</li> <li>• Bryonia 200</li> <li>• Phosphorous 30</li> </ul>	Twice a week
Allergy, Polyps and Sneezing	Sabadilla 30	
Earache	<ul style="list-style-type: none"> <li>• Kali Mur 6x</li> <li>• Kali Sulph 6x</li> <li>• Mag Phos 6x</li> <li>• Silicea 6x</li> </ul>	All together
Styes/Chalazian	<ul style="list-style-type: none"> <li>• Belladonna 30</li> <li>• Pulsatilla 30</li> <li>• Silicea 6x</li> <li>• Natrum Mur 6x</li> <li>• Ferrum Phos 6x</li> </ul>	
Deafness	<ul style="list-style-type: none"> <li>• Typhoidenum 1000</li> <li>• Kali Phos 6x</li> <li>• Mag Phos 5x</li> </ul>	Repeat in 2 weeks, then once after one month
Discharging Ear and Weakness	<ul style="list-style-type: none"> <li>• Kali Mur 6x</li> <li>• Kali Sulph 6x</li> <li>• Ferrum Phos 6x</li> <li>• Mag Phos 6x</li> </ul>	Two to three times a day. All together
Discharge from the Ear	<ul style="list-style-type: none"> <li>• Belladonna 30</li> <li>• Pulsatilla 30</li> <li>• Apis 30</li> <li>• Kali Sulph 6x</li> <li>• Mag Phos 6x</li> <li>• Silicea 6x</li> </ul>	
Pimples on the Face	<ul style="list-style-type: none"> <li>• Belladonna 30</li> <li>• Kali Bichrome 30</li> <li>• Sulphur 30</li> <li>• Silicea 6x</li> <li>• Kali Mur 6x</li> <li>• Calc Flour 6x</li> </ul>	

Symptoms	Homeopathy Remedies	Usage
Fissuring of the Tongue	<ul style="list-style-type: none"> <li>• Lycopodium 200</li> <li>• Silicea 6x</li> <li>• Kali Phos 6x</li> <li>• Ferrum Phos 6x</li> </ul>	
Unable to Speak	<ul style="list-style-type: none"> <li>• Arnica 1000</li> <li>• Lachesis 1000</li> <li>• Cadmium Sulph 30</li> </ul>	Once a week
High Blood Pressure	<p>1. Arnica 200 Lachesis 200 Baryta Carb 30 Belladonna 30 Pulsatilla 30</p> <p>Or</p> <p>2. Arnica 200 Lachesis 200 Ledum 200 Sulphur 200 Belladonna 200</p>	<p>Morning, twice a week</p> <p>Morning, twice a week</p> <p>Evening</p>
Low Blood Pressure	<ul style="list-style-type: none"> <li>• Carbo Veg 30</li> <li>• Naja 30</li> </ul>	Daily for 3 days, then once a week.
High Blood Diabetes	<ul style="list-style-type: none"> <li>• Arnica 200</li> <li>• Lachesis 200</li> <li>• Ledum 200</li> <li>• Calc Phos 30</li> <li>• Ruta 30</li> <li>• Symphytum 30</li> </ul>	
Diabetes	<ul style="list-style-type: none"> <li>• Natrum Sulph 200</li> <li>• Calc Phos 6x</li> <li>• Natrum Phos 6x</li> <li>• Kali Phos 6x</li> </ul>	
Home Remedy for Diabetes	<ul style="list-style-type: none"> <li>• 3 Okras, cut into pieces, put them in ½ glass of water.</li> </ul>	Drink every day in the morning on an empty stomach.

Symptoms	Homeopathy Remedies	Usage
Diabetes and Blood Pressure	<ul style="list-style-type: none"> <li>• Arnica 200</li> <li>• Lachesis 200</li> <li>• Calc Phos 6x</li> <li>• Kali Phos 6x</li> <li>• Nat. Phos 6x</li> <li>• Nat. Sulph 6x</li> </ul>	
Enlarged Prostate (hesitant urination and incomplete bladder evacuation)	<ul style="list-style-type: none"> <li>• Belladonna 30</li> <li>• Arsenic 30</li> <li>• Thuja 30</li> <li>• Sulphur 200</li> <li>• Arnica 200</li> </ul>	Two or three times a day.
	<ul style="list-style-type: none"> <li>• Sabal Serrulata Q</li> <li>• Chimaphila Umbelata Q</li> </ul>	Daily for 3 days at night, then once a week.  3-10 drops in a sip of water. Daily for 15 days. Then re-assess

Remedies for Sleep Walking, Neurological and Mental Problems		
Anger	1. Chamomilla 1000 <b>Or</b> 2. Chamomilla 30	Use No: 1 once a week for 3-4 weeks; or use No: 2 three times a day
Suspiciousness	Arsenic CM	Once only
Insanity	1. Stramonium 30 Chamomilla 30 Belladonna 30 <b>Or</b> 2. Sulphur 200 Belladonna 200	
Red Eyes During a Fit	1. Nux Moschata 1000 2. Lachesis 1000	Use No: 1 and after a few days Use No: 2
Sleepwalking	<ul style="list-style-type: none"> <li>• Silicea 6x</li> <li>• Kali Phos 6x</li> </ul>	Twice a day. All together
Fear, Anxiety and Loss of Sleep	<ul style="list-style-type: none"> <li>• Aconite 200</li> <li>• Sulphur 200</li> <li>• Nux Vomica 30</li> </ul>	Before bedtime



Symptoms	Homeopathy Remedies	Usage
Depression	<ul style="list-style-type: none"> <li>• Aurum Mur 200</li> <li><b>Or</b></li> <li>• Pessiflora Q</li> </ul>	
To Overcome Grief	Ignatia 30	
Mentally Handicapped	Baryta Carb 200 alternate with Natrum Mur 200	Once a week
Nervous, Confused, Dizzy	<ul style="list-style-type: none"> <li>• Gelsemium 200</li> <li>• Onosmodium 200</li> <li>• Zinc Metallicum 200</li> <li>• Kali Phos 6x</li> <li>• Mag Phos 6x</li> <li>• Calc Phos 6x</li> </ul>	
Worrisome, Restless, Lack of Sleep, Fear	<ul style="list-style-type: none"> <li>• Arsenic 30</li> <li>• Ignatia 30</li> </ul>	All together
Fear/Scare, truning pale as evening approaches	Lycopodium 200	
Fickle mindedness	• Influenzium 200	Twice a week; then
	• Influenzium 1000	Use in 15 days
	• Influenzium 10000	Use after 1 month
	• Influenzium 50000	Use after 3 months
	• Influenzium CM	Use after 6 months
Diseases of Nervous System	<ul style="list-style-type: none"> <li>• Muric Acid 200</li> <li>• Picric Acid 200</li> <li>• Calc Carb 30</li> <li>• Kali Carb 30</li> <li>• Cimifuga 30</li> </ul>	Use 5 days a week
Mentally Sick (Insane)	• Arsenic 1000	
Bad Dreams	<ul style="list-style-type: none"> <li>• Natrum Mur 6x</li> <li>• Kali Phos 6x</li> </ul>	All together
Snoring	<ul style="list-style-type: none"> <li>• Baryta Carb 200</li> <li>• Bacillinum 200</li> <li>• Nat. Mur 6x</li> <li>• Kali Mur 6x</li> <li>• Calc Flour 6x</li> </ul>	Twice a week

Symptoms	Homeopathy Remedies	Usage
Mentally Handicapped	<ul style="list-style-type: none"> <li>• Cocculus 30</li> <li>• Agaricus 30</li> <li>• Gelsemium 30</li> </ul>	Use twice a day for 2 weeks then increase to 200
<b>Remedies for Bites, Allergy, Smoking, Burns, and Adverse Reactions</b>		
Rabid Dog bite	<ul style="list-style-type: none"> <li>• Hydrophobinum 200</li> <li>• Stratmonium 200</li> </ul>	All together
Spider bite	<ul style="list-style-type: none"> <li>• Arnica 200</li> <li>• Ledum 200</li> </ul>	All together
Snake Bite	<ul style="list-style-type: none"> <li>• Arnica 200</li> <li>• Ledum 200</li> </ul>	Use initial dose and then repeat in 10-15 minutes and again in 10-15 minutes, i.e., 3 doses a day for a few days. Then once a week.
Snake Bite/Scorpion Sting - This remedy is good for any sort of poisonous bite	<ul style="list-style-type: none"> <li>• Arnica 200</li> <li>• Ledum 200</li> <li>• Nat. Mur 200</li> </ul>	Use first dose and then repeat in 10 minutes, then once a day for a few days and then once a week
Untoward/Allergic Reaction to Injection	<ul style="list-style-type: none"> <li>• Silicea 6x</li> <li>• Kali Phos 6x</li> <li>• Ferrum Phos 6x</li> </ul>	
To Quit Smoking	Caladium 30	
Side Effects of Allopathic Medicine	Sulphur CM	Use one dose only
Burning Sensations of Hands and Feet	<ol style="list-style-type: none"> <li>1. Thuja 200</li> <li>    Sulphur 200</li> <li>2. Pulsatilla 1000</li> </ol>	Use No: 1 and if not better then, Use only one dose of No: 3

Symptoms	Homeopathy Remedies	Usage
Stammering Speech	1. Aconite CM Or 2. Aconite 200 } Stramoinum 200 }	No: 1 once only.  No: 2 – two to three times a week
Stammering after Typhoid Fever	Typhoidenum CM	Use once only
Breathing Problem (Wheezing) With Change of Weather	Natrum Sulph 1000	Use one dose at the beginning of the season and then once a month.
Dust Allergy/Prickly Heat	<ul style="list-style-type: none"> <li>• Natrum Mur 200</li> <li>• Bacillinum 200</li> </ul>	2-3 times a week. All together
Hiccups	<ul style="list-style-type: none"> <li>• Nux Vomica 30</li> <li>• Ignatia 30</li> </ul>	All together
Allergy to Hair Color/Itching	<ul style="list-style-type: none"> <li>• Belladonna 200</li> <li>• Rhus Tox 200</li> </ul>	All together
Allergic Rashes on the Face	<ul style="list-style-type: none"> <li>• Psorinum 200</li> <li>• Petroleum 30</li> </ul>	
Food Allergy	<ul style="list-style-type: none"> <li>• Natrum Sulph 200</li> <li>• Calc Carb 30</li> </ul>	
Allergy to Cow's Milk	Lac DeFloratum CM	Use once only
Allergy to Milk Products	<ul style="list-style-type: none"> <li>• Lac DeFloratum 30 or 200</li> </ul>	

### Remedies for Various Ailments

Exposure to Hot Air/Wind	<ul style="list-style-type: none"> <li>• Belladonna 30</li> <li>• Nat. Mur 30</li> <li>• Glonine 30</li> </ul>	Take 1 dose before going out. 2-3 times a day.
Warts	<ol style="list-style-type: none"> <li>1. Thuja 200</li> <li>2. Causticum 30</li> </ol>	Use No: 1 once a week; Use No: 2 daily, once or twice
Soft, Swollen Body	<ol style="list-style-type: none"> <li>1. Bryonia 200 alternate with Sulphur 200</li> <li>2. Phosphorous 30</li> </ol>	Use twice a day, 2-3 times a week

Symptoms	Homeopathy Remedies	Usage
Goitre (Enlargened Thyroid)	<ul style="list-style-type: none"> <li>• Bacillinum 200</li> <li>• Sulphur 200</li> <li>• Calc Flour 6x</li> </ul>	Use 3 times a week
Sexual Misconduct and After Effects	<ul style="list-style-type: none"> <li>• Bufo Rana 200</li> </ul>	
Oedema/swelling of the Feet	<ul style="list-style-type: none"> <li>• Aconite 200</li> <li>• Sulphur 200</li> <li>• Spongia 30</li> </ul>	
Pterygium (Eye)	Zincum Metallicum 200	Use twice a week
Krebs	<ul style="list-style-type: none"> <li>• Bacillinum 1000</li> </ul>	Repeat in 10 days.
	<ul style="list-style-type: none"> <li>• Typhoidenum 30</li> </ul>	Use 3 times a day for 1 month, then re-evaluate
Food Poisoning	<ul style="list-style-type: none"> <li>• Pyrogenum 200</li> </ul>	
Retained Foreign Body	<ul style="list-style-type: none"> <li>• Silecea 6x</li> </ul>	
Losing Weight Due to Exposure to Radiation	<ul style="list-style-type: none"> <li>• Radium Bromide 200</li> <li>• Ferrum Phos 6x</li> <li>• Calc Phos 6x</li> <li>• Kali Phos 6x</li> <li>• Silicea 6x</li> </ul>	Use once a week. Check weight after one month.
Stitch Abrecess (Onfeton of the Incision/Operation Wound)	<ul style="list-style-type: none"> <li>• Hypericum 30</li> <li>• Mag Phos 30</li> </ul>	All together
Bed Sores	<ul style="list-style-type: none"> <li>• Arnica 200</li> <li>• Kali Mur 6x</li> <li>• Ferrum Phos 6x</li> <li>• Silicea 6x</li> </ul>	
Hives (Urticaria)	<ul style="list-style-type: none"> <li>• Belladonna 30</li> <li>• Pulsatilla 30</li> <li>• Apis 30</li> <li>• Natrum Sulph 200</li> <li>• Lycopodium 200</li> </ul>	
Itch	<ul style="list-style-type: none"> <li>• Sulphur 200 alternate with Rhus Tox</li> </ul>	Once a week

Symptoms	Homeopathy Remedies	Usage
Itchy penis (no discharge/ secretion) associated with scaling of the Skin	1. Belladonna 200 Sulphur 200	No: 1 – two to three time a week. No: 2 - Daily at bedtime for 3 days, then once a week. No: 3 – three times a day
	2. Merc Sol 200 3. Arsenic 30 Radium Bromide 30 Kali Mur 30	
	4. Arsenic 200 Lachesis 200	
	5. Hyoscyamus Arsenic	Use No: 3 if patient like to pinch skin of the infected area
Urinary Loss of Control	<ul style="list-style-type: none"> <li>• Causticum</li> <li>• Kali Carb</li> </ul>	
Pressure in the Eye	<ul style="list-style-type: none"> <li>• Belladonna</li> <li>• Gelsemium</li> </ul>	

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